

Winter is here. There were 210 respiratory outbreaks across Alberta up to September 30th of this year. Then the fall campaign to push unapproved, untested and off-label shots began. As of November 18th, there are now 657 outbreaks – most in LTC and supportive living where high doses of the flu vaccine have just been given, and a greater percentage of the population was targeted for both flu and COVID shots. Covid outbreaks have more than tripled. But correlation isn't causation, they say. Remember the red dots on the news in 2020 for just a handful of “cases”?? Numbers like these at that time would have caused mass hysteria, forget mass panic. But governments have now pressed pause on the panic button. No daily death counts on the news. Why? Because they have achieved their aims of mass compliance through fear, they have destroyed countless lives and livelihoods through lockdowns and all manner of restrictions, they have driven the majority to submit to experimental shots. They sold us the lie. Now they sit back and watch the fatal fallout. They are safe in the knowledge that few can see through the diabolical deception still on the burner - testing, masking, isolating and vaccinating now turned down to a simmer, while they crank up the heat up on other distractions - wars, climate change, racism, sexism, wokeism, anything to create a societal schism. Whatever it takes to ensure we ignore the greatest threat to humanity, the real health crisis, the one they manufactured, manipulated and used to cause maximum suffering and death. They are rewriting the past as we speak in blatantly skewed inquiries, cementing the idea that millions died from COVID not with COVID at best. Spinning a new narrative that their COVID response must be harder, longer, and faster the next time, with more tests, PPE, vaccination, isolation, every failed measure that has brought us all four years later to the brink. And to think this madness started with “just two weeks to flatten the curve...”

The elephant in the room looms large in the form of excess deaths worldwide. In the UK, there are more excess deaths in 2023 than there were civilian deaths for the whole of World War Two. 71, 562 at the last count. Every one of these deaths must be deemed as avoidable, a direct result of the COVID response. This pattern is repeated across all vaccinated countries. After a true 'pandemic' All-Cause deaths would be below the 10-year pre-pandemic average. So why is there such an unprecedented and unrelenting rise in deaths worldwide? Why, with every measure imposed to keep us safe are deaths rising? Correlation isn't causation, they say. But it doesn't take an expert to connect the dots. And not those red dots they used to terrify you on your TV screens. Why are there no parliamentary debates? Just what are they trying to hide on both sides of the political aisle? If we are ever to recover from this nightmare, heal from wounds that, if left to fester, are more dangerous than any virus, we must push forward for truth, transparency and accountability. It's past time we put the maestros of this madness under the microscope. Dismantling four years of fear and falsehoods is no mean feat but it is our only way forward.

Last Friday, we met with the CEO for Capital Care along with the Site Director for Dickinsfield

which is my mother's care home. It is the closest we have got to a level of transparency and making a positive change. It was clear from the responses that both these senior managers understood the devastating impacts on residents caused by extended isolation. They acknowledged that communication with residents is severely hindered by staff wearing masks. We pushed further explaining safety concerns for residents who are put at risk with ongoing miscommunication caused by the masks. We discussed the impacts on staff wearing masks inappropriately, when they are uninformed of the damages of mask wearing on their own physical and mental health. David made it clear he will never again be denied in person access to my mother as her medical proxy and that his inability to wear any face covering will never be used to refuse him visitation. We clarified that no resident can ever be forcibly confined to their room, even in an outbreak, and neither can they be forced to mask, test or be vaccinated. All of this has been imposed on residents (and families) through coercion and with uninformed consent. They admitted that they had very few deaths listed as COVID while at the same time deaths overall in the organization is higher than ever, all tied to the COVID response that continues to this day. It was hard to sit across the table and hear comments like "But we have learned so much since 2020." "Some of us knew from the start" I replied. And "No one wants to go back to 2020". Then why were we there for a meeting to discuss the same protocols STILL causing harm? "No HCP was fired in Capital Care for not wearing a mask, said the CEO. But how many, like with the vaccine, left because they couldn't?" The irony was palpable. We did receive an assurance that David will not be refused entry and an alternate for masking will be found for staff, as per Alberta Health and AHS guidelines. And there was some recognition of the failure of policies that should not continue into the future. I have said all along that exposing the lie that was saving grandma, that started with locking down care homes and spread faster than any virus to paralyze society at large, will destroy the entire COVID charade. The COVID response, not COVID was and still is the greatest threat to us all. My mum is a living testament to how the world should have responded in 2020. She has thrived with in person love and care, constant contact with family and friends, with early and appropriate treatment for any health changes from her physician who supports and respects, with quality care from providers, with no testing, no masking, no isolation and no vaccination and because we made sure she has lived life free of fear and to the full. I hope the ripple effect from our meeting means that changes to benefit my Mum will resonate through the centre and beyond. Only time and the truth will tell.