

Thank you to everyone with us online, in person and speaking here at the Alberta Legislature.

As many of you know, I have a mother in a care centre. Staying mobile is a matter of life or death for her. But after months of restrictions, she is stiff, sore and in pain when she walks. For months, her gym at the centre was closed, her physio cut short, limited to her room and then her unit. When the gym did open, her partner wasn't allowed to join her. She won't do her physio without him. Before COVID restrictions, a massage therapist also came to the centre weekly to treat her. That too was denied - for over a year. I found out last week - not by a communication from the centre but because I asked - that therapists are now considered essential and allowed on site. I was really excited and sent a text to Mum's therapist.

Even though the centre is now allowing services like this for residents, the therapist refused to come to provide care for my Mum. She cited the third wave, the high-risk environment of the care home, the risk to herself, the risk to her other clients. She told me she will return to see my Mum when things "become normal again".

I had a sleepless night before I felt I could answer her. I said that things will never be normal again. I told her that my Mum's care centre has had six deaths WITH not OF COVID19 (although oddly, none from flu) since this crisis began. I said that far more deaths in my Mum's care home have been from neglect and isolation BECAUSE of the COVID protocols. I said that I am extremely concerned about these "vaccines". I said that I believe coercing anyone to make uninformed decisions about their health and the health of those who depend on them is terrifying. I said that based on extensive research, our family has chosen NOT to subscribe to ANY of the extraordinary and unprecedented measures imposed for this virus. I told her that we are happy and healthy in body and mind as a result. Her response surprised me. She said, "You may be right, Karen." We wished each other well and ended on a note of mutual respect and kindness. It is one of the hardest conversations I have had. I am now looking for another therapist to care for my Mum.

I am reminded of Lorna's speech two weeks ago and what I didn't say to this therapist.. What I would have said to her. Face to face. That ignorance and fear, fuelled by government, MSM and health officials in this province, is the real virus. That David and I along with other families compiled evidence of neglect resulting in suffering and death of residents in care - DIRECTLY CAUSED by the restrictions - and sent it to over 400 politicians across the country right after the first lockdown last year and it was IGNORED. That I also went public through the National Telegraph, a small media company willing to take the story, about COVID "cases" being transferred into care homes. That interestingly, that same week, Jason Kenney changed his profile picture on Facebook to him posing at a care home for a virtual visit, reaching out for a pretend handshake, separated by a sheet of glass. That he still has the same profile picture today. That, as of February 19<sup>th</sup> this year - 90% of residents in care homes have received two shots, shots this therapist believes will protect her, the residents, and all who take them. That

these residents are still prisoners in what is supposed to be their home... that she too is a prisoner - whether she realizes it or not.

Jason Kenney, you've taken your vaccine. Don the PPE that you claim is protecting us all. Come into my Mother's care centre. Come and see these seniors in person, Jason, in their prisons - rather than through a window. I am more than willing to sit down with you, explain to you, on behalf of residents, staff and families just exactly what COVID long term "lack of care" looks like.

To the general public, AHS has openly said these vaccinations do not prevent transmission or stop spread. Here in Canada, you're still wearing that mask, however many times you're vaccinated. But residents in long term care have NEVER been masked. Now, those same residents who have been vaccinated and are without symptoms can skip all screenings and quarantines. Those who haven't, like my Mum, still have to submit to twice daily screening checks. Confused yet? Don't be! Just like the masks, this is the setup for a two-tiered system of citizens. COVID19 was the driver for the vaccination of a population. As Jason Kenney has confirmed, your "ticket out of this" comes at the cost of you taking multiple experimental vaccine treatments. Last week, Jason Kenney said that his vaccine plan is not coercion, just reality. Recognize the stick? This week, he's realized Albertans don't do well with threats and intimidation. So now it's back to "we're all in this - together". Recognize the carrot? Don't underestimate Albertans. Jason! They are well aware, after 14 months of this madness, that we most definitely are NOT all in this together. We all remember what happened last year. This Fall WILL see us locked down again. Reality is none of us are ever getting out of this - unless, together- we say - ENOUGH.

To every person who has a loved one in care. Go and visit them IN PERSON, every opportunity you can. If they are mobile, take them out of the centre. See how they are doing, physically and emotionally. Document everything you see. Don't be afraid to take any concerns you have to management, to Dispute Resolution, to your MLA, to the media, to a lawyer if necessary, to make a difference. Also, remember that many dedicated frontline workers are struggling to maintain and disagree with these unmanageable health Orders. Finally, remember that the success of this country has been built on the backs of decades of hard work from our seniors. They, like our children, are the ultimate victims of this tragedy. They need our voice. We all need to find our voice. A collective voice where we say, ENOUGH!!

See you at the Northcott rodeo next Sunday!!!