

## **R.E.A.D.Y. to be an Advocate**

**(R)** - Read the Orders! Know how they apply to your situation. Provinces also vary. For example, pediatrics also has a section in the Orders.

**(E)** - Elect 1 or 2 family members or a friend as DSP's (designated support persons) as allowed in the Orders. You DO NOT need to be PCR tested or vaccinated to access treatment for yourself or to be a DSP for a loved one.

**(A)** - Ask about all procedures, treatments, and medications. Do not be afraid to ask questions or voice your concerns. Remember, BE POLITE BUT PERSISTENT.

**(D)** - Document and record EVERYTHING. This means dates, times, names of professionals involved, tests, treatments, and progress. Stay connected by phone AT ALL TIMES

**(Y)** - YOU could be the difference between life and death. Escalate any concerns with care regarding access or otherwise to a unit manager, charge nurse, Dispute Resolution/Patient Relations, site director for action if required.