

Document Properties



Description Security Fonts Initial View Custom Advanced

Description

File: frm-21765 20-12

Title: Consent for COVID-19 Immunization form

Author: Forms Strategy & Management

Subject: Consent for COVID-19 Immunization

Keywords: Consent; COVID-19; Immunization; form; 21765

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Modified: 2020-12-29 9:43:38 AM

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Page Size: 8.50 x 11.00 in

Number of Pages: 4

Tagged PDF: No

Fast Web View: No

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For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (<i>Last, First, Middle</i>)		Date of Birth (<i>dd-Mon-yyyy</i>)
Personal Health Number (PHN)		Gender
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Is this person taking any medicine? <input type="checkbox"/> No <input type="checkbox"/> Yes		If yes, describe _____
Is this person pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding? <input type="checkbox"/> No <input type="checkbox"/> Yes	
Has this person had COVID-19 vaccine before? <input type="checkbox"/> No <input type="checkbox"/> Yes		If yes, when _____
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Will this person get another vaccine in the 14 days before they get the COVID-19 vaccine?		<input type="checkbox"/> No <input type="checkbox"/> Yes
Consent		
I confirm that I have read the COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.		
I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person: <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • gets another vaccine in the 14 days before they get any dose of the COVID-19 vaccine • has a severe or unusual side effect after the first dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) 		
I consent to this person getting the COVID-19 immunization.		
I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.		
I confirm that I have the legal authority to consent to this immunization.		
Printed name of person giving consent	Daytime phone	Other phone
Relationship to person		
<input type="checkbox"/> Parent (with legal authority to consent)	<input type="checkbox"/> Guardian/Legal representative	<input type="checkbox"/> Agent
<input type="checkbox"/> Co-decision-maker	<input type="checkbox"/> Specific decision-maker	
Signature of person giving consent		Date (<i>dd-Mon-yyyy</i>)

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

COVID-19 Vaccine

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What is the COVID-19 vaccine?

The COVID-19 vaccine protects against the SARS-CoV-2 virus (also known as COVID-19).

Who should have the COVID-19 vaccine?

You should get the COVID-19 vaccine if you are age 16 years and older.

Everyone is at risk of COVID-19. The vaccine is very important for people who are more likely to be in contact with the virus because of where they work or live. This includes healthcare providers and people who live in a care facility, such as a nursing home.

It is also important for people who have a high risk of complications from COVID-19 to get this vaccine. This includes people who:

- have health problems such as heart, lung, kidney, or liver problems, high blood pressure, or diabetes
- have a lot of extra weight
- are over the age of 60

The vaccine is free and will be offered to everyone over the age of 16 years. The vaccine will be offered first to:

- those at high risk of getting very sick from COVID-19
- those who may spread disease to people at high risk
- essential workers, like frontline healthcare workers

Go to ahs.ca/covidvaccine to find out when you can get the COVID-19 vaccine.

How many doses do I need?

You need 2 doses that are 3 or 4 weeks apart. This depends on the type of COVID-19 vaccine you get. Your healthcare provider will let you know when you need your second dose. You need to get both doses to make sure you have the best protection against COVID-19.

Are there different types of COVID-19 vaccines?

There are 2 COVID-19 vaccines available in Alberta. Other COVID-19 vaccines may be approved in the coming months. They all protect against the COVID-19 virus but they are made by different companies.

How well does the vaccine work?

If you are healthy and get both doses, the protection for COVID-19 is about 94% to 95%, 7 to 14 days after you get the second dose.

It is still important to practice recommended public health measures, like washing your hands often, staying 2 meters away from others, and staying home when you are sick, to prevent the spread of COVID-19, even if you have had the vaccine. Visit ahs.ca/covid for the most up-to-date information.

Where can I get the COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get the COVID-19 vaccine.

Are there side effects from the COVID-19 vaccine?

There can be side effects from the COVID-19 vaccine, but they tend to be mild and go away in a few days. Side effects may include:

- redness, swelling, or feeling sore where you had the needle
- feeling tired
- headache
- fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

Wait at least 28 days after you have all doses of the COVID-19 vaccine before you:

- get another vaccine
- try to get pregnant

It is rare to have a serious side effect after a vaccine. Call Health Link at 811 to report any serious or unusual side effects.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dosage to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

Who should not have the COVID-19 vaccine?

You may not be able to have the vaccine if you:

- have an allergy to parts of the vaccine
- had a severe or unusual side effect after this vaccine or one like it
- have a weak immune system (due to medicine or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- are under age 16 years
- have had another vaccine in the last 2 weeks
- are pregnant or breastfeeding

Check with your doctor or a public health nurse before you get the vaccine.

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://www.immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://www.myhealth.alberta.ca)



Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine)

Facts about COVID-19

What is COVID-19?

COVID-19 is a new strain of coronavirus responsible for a worldwide pandemic. The virus affects the lungs and airways (also called a respiratory illness). Symptoms may include:

- fever
- cough
- shortness of breath or trouble breathing
- sore throat
- runny or stuffy nose

Most people have only mild symptoms or no symptoms at all. But some people, such as seniors and adults with other health problems, can get very sick and may need care in a hospital. In serious cases, COVID-19 can cause a lung infection (called pneumonia), that makes it hard to breathe without help, and can even lead to death.

Go to [ahs.ca/covid](https://www.ahs.ca/covid) for a list of all symptoms that may be related to COVID-19.

How does it spread?

COVID-19 spreads:

- when an infected person sneezes, coughs, or even talks
- if you breathe in the virus
- if you touch something that carries the virus like hands or a door knob, then touch your eyes, mouth, or nose

It is important to know that COVID-19 can spread before symptoms start.

How can I prevent COVID-19 from spreading?

To prevent COVID-19 from spreading:

- get immunized
- wash your hands with warm water and soap or use an alcohol-based hand sanitizer often
- do not touch your face, nose, or mouth with unwashed hands
- cover your cough or sneeze into your arm or a tissue, not your hand
- stay home when you are sick
- avoid close contact with people who are sick

If you think you have been exposed to COVID-19 or have symptoms, take the COVID-19 Self Assessment at [ahs.ca/testing](https://www.ahs.ca/testing).

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Personal information for the person being immunized		
Name (<i>Last, First, Middle</i>)		Date of Birth (<i>dd-Mon-yyyy</i>)
Personal Health Number (PHN)		Gender
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Is this person taking any medicine? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Is this person pregnant?	<input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding? <input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person had COVID-19 vaccine before? If yes, when _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Will this person get another vaccine in the 14 days before they get the COVID-19 vaccine?		<input type="checkbox"/> No <input type="checkbox"/> Yes
Consent		
I confirm that I have read the attached COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.		
I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person: <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • gets another vaccine in the 14 days before they get any dose of the COVID-19 vaccine • has a severe or unusual side effect after the first dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) 		
I consent to this person getting the (only select one): <ul style="list-style-type: none"> <input type="checkbox"/> mRNA COVID-19 vaccine (Pfizer-BioNTech or Moderna vaccine, depending which one they can get for their age) <input type="checkbox"/> Viral vector-based COVID-19 vaccine (AstraZeneca/COVISHIELD or Janssen vaccine) <input type="checkbox"/> Either an mRNA or viral vector-based COVID-19 vaccine (Depending which vaccines are available for this person at the time of their immunization) 		
I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.		
I confirm that I have the legal authority to consent to this immunization.		
Printed name of person giving consent	Daytime phone	Other phone
Relationship to person <ul style="list-style-type: none"> <input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Guardian/Legal representative <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent 		
Signature of person giving consent		Date (<i>dd-Mon-yyyy</i>)

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For Office Use Only

<i>Name (Last, First, Middle)</i>	PHN		
Telephone/Fax Consent			
Mode by which consent was received <input type="checkbox"/> Fax/Scan <input type="checkbox"/> Telephone			
<i>Name of healthcare provider obtaining the consent</i>	<i>Date (dd-Mon-yyyy)</i>	Time	
Signature of healthcare provider obtaining the consent			
Consent Using an Interpreter <i>(for non-English speaking parent/client)</i>			
<i>Interpreter's name or ID #</i>	<i>Phone</i>	<i>Date (dd-Mon-yyyy)</i>	Time
Notes <i>(For Office Use Only)</i>			

COVID-19 vaccines

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). COVID-19 is a new strain of coronavirus that has caused a worldwide pandemic. The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to [ahs.ca/covid](https://www.ahs.ca/covid) to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada.

mRNA vaccines

The Pfizer-BioNTech and Moderna vaccines are mRNA vaccines.

mRNA vaccines have messenger RNA (mRNA) that teaches your cells to make a protein (called a spike protein). This is a spike protein like the one that is on the surface of the virus that causes COVID-19. Because the protein is not normally found on your cells, it triggers your immune system to make antibodies against it. So if you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Learn more about COVID-19 mRNA vaccines at [canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html)

Viral vector-based vaccines

The AstraZeneca/COVISHIELD and Janssen (Johnson and Johnson) vaccines are viral vector-based vaccines.

Viral vector-based vaccines use a harmless virus (that is not COVID-19) to carry information about the virus that causes COVID-19. This virus will not give you COVID-19. It shows your cells how to make a spike protein, like the one that is on the surface of the COVID-19 virus. This protein triggers your immune system to make antibodies against it. If you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Learn more about viral vector-based vaccines for COVID-19 at [canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html](https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html)

Who should get a COVID-19 vaccine?

You should get a COVID-19 vaccine if you are age 12 years and older. You are able to get the vaccine when it is your turn. COVID-19 vaccines are free. Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine) to find out when you can get a COVID-19 vaccine. Please check this page often as it is updated regularly.

Everyone is at risk of COVID-19. The vaccine is very important if you are more likely to be in contact with the virus because of where you work or live. This includes healthcare providers and people who live in a care facility, such as a nursing home.

It is also important to get the vaccine if you have a high risk of complications (problems) related to COVID-19. You have a higher risk of complications from COVID-19 if you:

- have health problems such as heart, lung, kidney, or liver problems, high blood pressure, or diabetes
- have a lot of extra weight
- are over the age of 60 years

If your child is getting a COVID-19 vaccine

Children under age 18 years need a parent or guardian to give consent for their immunization. If a parent or guardian cannot attend the appointment, they can give their written consent. Please complete the consent form on www.ahs.ca/frm-21765.pdf and send it with the person that is taking your child to their appointment. In some cases, children under age 18 years may be able to give their own consent.

Which COVID-19 vaccine will I get?

Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine) to find out what type of COVID-19 vaccine you can get. Please check this page often as it is updated regularly.

Once you get your first dose of a COVID-19 vaccine, you will not be able to switch to another type of COVID-19 vaccine to complete your immunization.

Can I get the COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get the COVID-19 vaccine if you are pregnant or breastfeeding. When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine during pregnancy lowers your risk of getting seriously ill from COVID-19.

It is best to get an mRNA COVID-19 vaccine if you are pregnant or planning to get pregnant. Research to date shows that it is the safest type of COVID-19 vaccine to get during pregnancy.

If you are pregnant, breastfeeding, or planning on getting pregnant and have questions about getting the COVID-19 vaccine, talk to your healthcare provider.

How many doses do I need?

For the COVID-19 vaccines approved for use in Canada, you need 1 or 2 doses. The number of doses depends on the vaccine you get. If you get a vaccine that needs 2 doses your healthcare provider will let you know when you should get your second dose.

Visit [alberta.ca/covid19-vaccine.aspx](https://www.alberta.ca/covid19-vaccine.aspx) for more information.

How well do the COVID-19 vaccines work?

If you are healthy and get all the doses you need, the protection for COVID-19 is about:

- 95% for the Pfizer-BioNTech or Moderna vaccines
- 82% for the AstraZeneca/COVISHIELD vaccine
- 67% for the Janssen vaccine

After 1 dose of any COVID-19 vaccine, your risk of getting COVID-19 is lowered by about 60 to 80%. All COVID-19 vaccines work very well to lower your risk of getting seriously ill from COVID-19. They also lower your risk of needing to be in the hospital.

At this time, there is not enough information to know how long protection lasts or if you will need booster doses. It is still important to practice the recommended public health measures to prevent the spread of COVID-19, even if you have had the vaccine. This includes:

- following guidelines of when to wear a mask or other equipment that helps protect you
- washing your hands often
- staying 2 meters away from others
- staying home when you are sick (this means isolating)
- staying home for 14 days after having close contact with someone who has COVID-19 or after returning from travel outside of Canada (this means quarantining)

Visit ahs.ca/covid for more information, including information about isolation and quarantine.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get the COVID-19 vaccine.

Are there side effects from COVID-19 vaccines?

There can be side effects from COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired or unwell
- a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect after a vaccine. Call Health Link at 811 to report any serious or unusual side effects.

Rare events after getting either the AstraZeneca/COVISHIELD or the Janssen vaccine

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting either the AstraZeneca/COVISHIELD or the Janssen vaccine.

These events happened 4 to 28 days after getting the vaccine. The risk of these events in Canada is about 1 case in 55,000 doses of the AstraZeneca/COVISHIELD vaccine. Research is ongoing to find out the risk of these events after getting the Janssen vaccine.

COVID-19 continues to spread at a high rate in Alberta. Your risk of serious illness from COVID-19 is much higher than it is for developing a rare event after getting these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

If you have any of the following symptoms, get medical help **right away**:

- shortness of breath
- chest pain
- leg swelling
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- bruising (other than where you had the needle)
- red or purple spots anywhere on your body
- bleeding (more easily than normal)

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

Wait at least 28 days after you have a dose of the COVID-19 vaccine before you get another vaccine.

If you have had another vaccine, wait 14 days before you get a COVID-19 vaccine.

Who should not get a COVID-19 vaccine?

You may not be able to get a COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 11 years
- have had another vaccine in the last 2 weeks

Check with your doctor or a public health nurse before you get the vaccine.

Be sure to talk to your doctor **before** you get a COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information

-  Call Health Link at 811
-  Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)
-  Go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca)
-  Go to ahs.ca/covidvaccine

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Personal Health Number (PHN)	Gender	
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person taking any medicine?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
If yes, describe _____		
Is this person pregnant?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person breastfeeding?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person had COVID-19 vaccine before?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
If yes, when _____		
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Will this person get another vaccine in the 14 days before they get the COVID-19 vaccine?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Consent		
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I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:		
<ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • gets another vaccine in the 14 days before they get any dose of the COVID-19 vaccine • has a severe or unusual side effect after the first dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) 		
I consent to this person getting the (only select one):		
<input type="checkbox"/> mRNA COVID-19 vaccine (Pfizer-BioNTech or Moderna vaccine, depending which one they can get for their age)		
<input type="checkbox"/> Viral vector-based COVID-19 vaccine (AstraZeneca/COVISHIELD or Janssen vaccine)		
<input type="checkbox"/> Either an mRNA or viral vector-based COVID-19 vaccine (Depending which vaccines are available for this person at the time of their immunization)		
I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.		
I confirm that I have the legal authority to consent to this immunization.		
Printed name of person giving consent	Daytime phone	Other phone
Relationship to person		
<input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative <input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent		
Signature of person giving consent	Date (<i>dd-Mon-yyyy</i>)	

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

COVID-19 vaccines

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). COVID-19 is a new strain of coronavirus that has caused a worldwide pandemic. The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to [ahs.ca/covid](https://www.ahs.ca/covid) to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada.

mRNA vaccines

The Pfizer-BioNTech and Moderna vaccines are mRNA vaccines.

mRNA vaccines have messenger RNA (mRNA) that teaches your cells to make a protein (called a spike protein). This is a spike protein like the one that is on the surface of the virus that causes COVID-19. Because the protein is not normally found on your cells, it triggers your immune system to make antibodies against it. So if you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Learn more about COVID-19 mRNA vaccines at canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html

Viral vector-based vaccines

The AstraZeneca/COVISHIELD and Janssen (Johnson and Johnson) vaccines are viral vector-based vaccines.

Viral vector-based vaccines use a harmless virus (that is not COVID-19) to carry information about the virus that causes COVID-19. This virus will not give you COVID-19. It shows your cells how to make a spike protein, like the one that is on the surface of the COVID-19 virus. This protein triggers your immune system to make antibodies against it. If you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Learn more about viral vector-based vaccines for COVID-19 at canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html

Who should get a COVID-19 vaccine?

You should get a COVID-19 vaccine if you are age 12 years and older. You are able to get the vaccine when it is your turn. COVID-19 vaccines are free. Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine) to find out when you can get a COVID-19 vaccine. Please check this page often as it is updated regularly.

Everyone is at risk of COVID-19. The vaccine is very important if you are more likely to be in contact with the virus because of where you work or live. This includes healthcare providers and people who live in a care facility, such as a nursing home.

It is also important to get the vaccine if you have a high risk of complications (problems) related to COVID-19. You have a higher risk of complications from COVID-19 if you:

- have health problems such as heart, lung, kidney, or liver problems, high blood pressure, or diabetes
- have a lot of extra weight
- are over the age of 60 years

If your child is getting a COVID-19 vaccine

Children under age 18 years need a parent or guardian to give consent for their immunization. If a parent or guardian cannot attend the appointment, they can give their written consent. Please complete the consent form on www.ahs.ca/frm-21765.pdf and send it with the person that is taking your child to their appointment. In some cases, children under age 18 years may be able to give their own consent.

Which COVID-19 vaccine will I get?

Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine) to find out what type of COVID-19 vaccine you can get. Please check this page often as it is updated regularly.

Once you get your first dose of a COVID-19 vaccine, you will not be able to switch to another type of COVID-19 vaccine to complete your immunization.

Can I get the COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get the COVID-19 vaccine if you are pregnant or breastfeeding. When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine during pregnancy lowers your risk of getting seriously ill from COVID-19.

It is best to get an mRNA COVID-19 vaccine if you are pregnant or planning to get pregnant. Research to date shows that it is the safest type of COVID-19 vaccine to get during pregnancy.

If you are pregnant, breastfeeding, or planning on getting pregnant and have questions about getting the COVID-19 vaccine, talk to your healthcare provider.

How many doses do I need?

For the COVID-19 vaccines approved for use in Canada, you need 1 or 2 doses. The number of doses depends on the vaccine you get. If you get a vaccine that needs 2 doses your healthcare provider will let you know when you should get your second dose.

Visit [alberta.ca/covid19-vaccine.aspx](https://www.alberta.ca/covid19-vaccine.aspx) for more information.

How well do the COVID-19 vaccines work?

If you are healthy and get all the doses you need, the protection for COVID-19 is about:

- 95% for the Pfizer-BioNTech or Moderna vaccines
- 82% for the AstraZeneca/COVISHIELD vaccine
- 67% for the Janssen vaccine

After 1 dose of any COVID-19 vaccine, your risk of getting COVID-19 is lowered by about 60 to 80%. All COVID-19 vaccines work very well to lower your risk of getting seriously ill from COVID-19. They also lower your risk of needing to be in the hospital.

At this time, there is not enough information to know how long protection lasts or if you will need booster doses. It is still important to practice the recommended public health measures to prevent the spread of COVID-19, even if you have had the vaccine. This includes:

- following guidelines of when to wear a mask or other equipment that helps protect you
- washing your hands often
- staying 2 meters away from others who do not live with you
- staying home when you are sick (this means isolating)
- staying home for 14 days after returning from travel outside of Canada (this means quarantining)

You may not have to quarantine after having close contact with someone who has COVID-19. This depends on how many doses of the COVID-19 vaccine you have had and if you have symptoms. Visit ahs.ca/quarantineaftervaccine for more information.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get the COVID-19 vaccine.

Are there side effects from COVID-19 vaccines?

There can be side effects from COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired or unwell
- a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect after a vaccine. Call Health Link at 811 to report any serious or unusual side effects.

Rare events after getting either the AstraZeneca/COVISHIELD or the Janssen vaccine

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting either the AstraZeneca/COVISHIELD or the Janssen vaccine.

These events happened 4 to 28 days after getting the vaccine. The risk of these events in Canada is about 1 case in 55,000 doses of the AstraZeneca/COVISHIELD vaccine. Research is ongoing to find out the risk of these events after getting the Janssen vaccine.

COVID-19 continues to spread at a high rate in Alberta. Your risk of serious illness from COVID-19 is much higher than it is for developing a rare event after getting these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

If you have any of the following symptoms, get medical help **right away**:

- shortness of breath
- chest pain
- leg swelling
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- bruising (other than where you had the needle)
- red or purple spots anywhere on your body
- bleeding (more easily than normal)

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

Wait at least 28 days after you have a dose of the COVID-19 vaccine before you get another vaccine.

If you have had another vaccine, wait 14 days before you get a COVID-19 vaccine.

Who should not get a COVID-19 vaccine?

You may not be able to get a COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 11 years
- have had another vaccine in the last 2 weeks

Check with your doctor or a public health nurse before you get the vaccine.

Be sure to talk to your doctor **before** you get a COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca)



Go to ahs.ca/covidvaccine

Document Properties



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Description

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Help

OK

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For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (<i>Last, First, Middle</i>)	Date of Birth (<i>dd-Mon-yyyy</i>)	
Personal Health Number (PHN)	Gender	
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had Capillary Leak Syndrome?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person taking any medicine? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, describe _____	
Is this person pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person had COVID-19 vaccine before? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, when? _____	
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Will this person get another vaccine in the 14 days before they get the COVID-19 vaccine? If yes, what vaccine? _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Consent		
<p>I confirm that I have read the attached COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.</p> <p>I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:</p> <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • gets another vaccine in the 14 days before they get any dose of the COVID-19 vaccine • has a severe or unusual side effect after any dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) <p>I consent to this person getting the (only select one):</p> <p><input type="checkbox"/> Pfizer-BioNTech mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Moderna mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Either the Pfizer-BioNTech or Moderna mRNA COVID-19 vaccine (Depending which vaccine is available for this person at the time of their immunization)</p> <p><input type="checkbox"/> AstraZeneca/COVISHIELD viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p>I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.</p> <p>I confirm that I have the legal authority to consent to this immunization.</p>		
Printed name of person giving consent	Daytime phone	Other phone
<p>Relationship to person</p> <p><input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative</p> <p><input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent</p>		
Signature of person giving consent		Date (<i>dd-Mon-yyyy</i>)

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

COVID-19 vaccines

Immunization protects you from disease. Get protected, get immunized.

- Vaccines make your immune system stronger. They build antibodies to help prevent diseases.
- Immunization is safe. It is much safer to get immunized than to get this disease.

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19. There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech and Moderna vaccines are mRNA vaccines.
- **Viral vector-based vaccines:** The AstraZeneca/COVISHIELD vaccine is a viral vector-based vaccine.

Learn more about COVID-19 vaccines at canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html.

Who should get a COVID-19 vaccine?

You should get a COVID-19 vaccine if you are age 12 years or older. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

If your child is getting a COVID-19 vaccine

Children under age 18 years need a parent or guardian to give consent for their immunization. If a parent or guardian cannot attend the appointment, they can give their written consent. Please complete the consent form found on ahs.ca/VaccineUnder18. In some cases, children under age 18 years may be able to give their own consent.

Can I get the COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get the COVID-19 vaccine if you are pregnant or breastfeeding. When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine during pregnancy lowers your risk of getting seriously ill from COVID-19.

It is best to get an mRNA COVID-19 vaccine if you are pregnant. Research to date shows that it is the safest type of COVID-19 vaccine to get during pregnancy.

If you are pregnant or breastfeeding and have questions about getting the COVID-19 vaccine, talk to your healthcare provider.

How many doses do I need?

Moderna, Pfizer-BioNTech, and AstraZeneca/COVISHIELD vaccines require at least 2 doses.

You may need additional doses of the COVID-19 vaccine to give you more protection if you have a high risk of severe disease, such as you:

- have a health problem that weakens your immune system, such as you have had or will have an organ or stem cell transplant or you have kidney disease and need dialysis
- take certain medicines that weaken your immune system
- live in a specific type of seniors congregate living facility, such as long term care

If you are travelling outside of Canada, you may need additional doses. This only applies if your destination requires you to have a certain COVID-19 vaccine series.

If you need additional doses, your healthcare provider will let you know when you should have them. Visit alberta.ca/covid19-vaccine.aspx for more information.

How well do the COVID-19 vaccines work?

If you are healthy and get all the doses you need, the vaccines give you very good protection against COVID-19. The mRNA vaccines are somewhat more effective than the viral vector-based vaccines.

You need both doses for the greatest and longest lasting protection. All COVID-19 vaccines work very well to lower your risk of getting seriously ill from COVID-19. They also lower your risk of needing to be in the hospital.

At this time, there is not enough information to know how long protection lasts or if everyone needs additional doses. It is still important to practice the recommended public health measures to prevent the spread of COVID-19, even if you have had the vaccine. Please visit ahs.ca/covid for the most up to date recommendations.

Which COVID-19 vaccine will I get?

You will get an mRNA vaccine for your first dose unless you are unable to receive or do not want an mRNA vaccine.

I got an mRNA vaccine as my first dose. Can I get a different mRNA vaccine for my second dose?

Usually you get the same vaccine for your first and second dose. But you can get a different mRNA vaccine for your second dose if your first-dose vaccine is not available or you prefer a different available mRNA vaccine. Both Pfizer-BioNTech and Moderna COVID-19 vaccines work in the same way.

Whichever vaccine you get for your second dose completes your immunization series and protects you against COVID-19.

Go to ahs.ca/seconddose for more information.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine to complete their COVID-19 immunization.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your two-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you are unable to receive an mRNA vaccine, your healthcare provider will let you know which vaccine you can get.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get the COVID-19 vaccine.

Are there side effects from COVID-19 vaccines?

There can be side effects from COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired or unwell
- a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes
- a sore throat, cough, or runny nose
- a reduced sense of touch or a feeling of numbness
- feeling dizzy
- pain in your legs or arms

Current information shows that the risk of side effects after additional doses of COVID-19 vaccine is similar to the risk after the first or second dose. Research continues to find out more about the risk of side effects after additional doses of COVID-19 vaccine.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect after a vaccine. Call Health Link at 811 to report any serious or unusual side effects.

Rare events after getting the AstraZeneca/COVISHIELD vaccine

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting the AstraZeneca/COVISHIELD vaccine. These events happened 4 to 28 days after getting the vaccine. The risk of these events after getting the AstraZeneca/COVISHIELD vaccine is about:

- 1 in 55,000 after the first dose
- 1 in 600,000 after the second dose

Research is still ongoing to find out more about the risk of these events after getting the AstraZeneca/COVISHIELD vaccine.

If you have any of the following symptoms within 42 days of being immunized, get medical help **right away**:

- trouble talking or moving a part of your body
- shortness of breath
- chest pain
- severe swelling, pain, or a colour change in your arm or leg
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- seizures

There have also been very rare reports of capillary leak syndrome (CLS) within the first few days after getting the AstraZeneca/COVISHIELD vaccine. In some reported cases, the person had a history of CLS. CLS is a serious condition that causes fluid to leak from the small blood vessels (capillaries). This causes sudden swelling of the arms and legs, sudden weight gain, and low blood pressure causing you to feel faint. CLS can be fatal. Get medical help right away if you have any of these symptoms.

Research is still ongoing to find out more about the risk of CLS after getting AstraZeneca/COVISHIELD vaccine.

Rare events after getting either the Pfizer-BioNTech or the Moderna vaccine

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) within 7 days of getting either the Pfizer-BioNTech or the Moderna vaccine. This inflammation can cause shortness of breath, chest pain or pressure, or a very fast or abnormal heart rate. Get medical help right away if you have any of these symptoms. These rare events were reported mostly after the second dose and in young adults and adolescents. Most cases were mild and got better with treatment. The Moderna vaccine may have a higher risk of these events than the Pfizer-BioNTech vaccine. Because the Moderna vaccine was only recently approved for use in 12 to 17 year olds, there is more to learn about the risk of these rare events for this age group after getting that vaccine. Research is still happening to find out more about the risk of these events from mRNA COVID-19 vaccines. Talk to your healthcare provider, if you have ever had myocarditis or pericarditis and have questions about getting a COVID-19 vaccine. At this time, there is not enough information to know if there is a higher risk of these events in these groups.

Your risk of serious illness from COVID-19 is much higher than it is for developing a rare event after getting this vaccine.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get an inactivated (non-live) vaccine at the same time or any time before or after getting a COVID-19 vaccine. If you have had a live vaccine, you need to wait 14 days before you get a COVID-19 vaccine. Wait at least 14 days after you have a dose of the COVID-19 vaccine before you get a live vaccine.

Who should not get a COVID-19 vaccine?

You may not be able to get a COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 11 years
- have had a live vaccine in the last 2 weeks

Check with your doctor or a public health nurse before you get the vaccine.

Be sure to talk to your doctor **before** you get a COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of capillary leak syndrome (CLS)
- have a history of myocarditis or pericarditis after receiving a dose of COVID-19 vaccine


Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information

 Call Health Link at 811

 Go to ImmunizeAlberta.ca

 Go to MyHealth.Alberta.ca

 Go to ahs.ca/covidvaccine

Document Properties



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Description

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Help

OK

Cancel

For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (<i>Last, First, Middle</i>)		Date of Birth (<i>dd-Mon-yyyy</i>)
Personal Health Number (PHN)		Gender
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person ever had capillary leak syndrome?		<input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person ever had immune thrombocytopenia?		<input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person been treated for a COVID-19 infection in the last 90 days?		<input type="checkbox"/> No <input type="checkbox"/> Yes
Is this person taking any medicine? <input type="checkbox"/> No <input type="checkbox"/> Yes		If yes, describe _____
Is this person pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes		Is this person breastfeeding? <input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person had COVID-19 vaccine before? <input type="checkbox"/> No <input type="checkbox"/> Yes		If yes, when? _____
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____		<input type="checkbox"/> No <input type="checkbox"/> Yes
Consent		
I confirm that I have read the attached COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.		
I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:		
<ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • has a severe or unusual side effect after any dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) 		
I consent to this person getting the (only select one):		
<input type="checkbox"/> Pfizer-BioNTech (Comirnaty) mRNA COVID-19 vaccine (for ages 12 years and older)		
<input type="checkbox"/> Moderna (SpikeVax) mRNA COVID-19 vaccine (for ages 12 years and older)		
<input type="checkbox"/> Either the Pfizer-BioNTech (Comirnaty) or Moderna (SpikeVax) mRNA COVID-19 vaccine (Depending which vaccine is available for this person at the time of their immunization)		
<input type="checkbox"/> AstraZeneca (Vaxzevria)/COVISHIELD viral vector-based COVID-19 vaccine (for ages 18 years and older)		
<input type="checkbox"/> Janssen (Johnson & Johnson) viral vector-based COVID-19 vaccine (for ages 18 years and older)		
I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.		
I confirm that I have the legal authority to consent to this immunization.		
Printed name of person giving consent	Daytime phone	Other phone
Relationship to person		
<input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative <input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent		
Signature of person giving consent		Date (<i>dd-Mon-yyyy</i>)

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

For Office Use Only

Name (Last, First, Middle)	PHN
----------------------------	-----

Telephone/Fax Consent

Mode by which consent was received	<input type="checkbox"/> Fax/Scan	<input type="checkbox"/> Telephone
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Name of healthcare provider obtaining the consent	Date (dd-Mon-yyyy)	Time
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Signature of healthcare provider obtaining the consent

Consent Using an Interpreter (for non-English speaking parent/client)

Interpreter's name or ID #	Phone	Date (dd-Mon-yyyy)	Time
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Notes (For Office Use Only)

COVID-19 vaccines - mRNA

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines. For information about the viral vector-based vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.

How do mRNA vaccines work?

The mRNA vaccines have messenger RNA (mRNA) that teaches your cells to make a spike protein. This spike protein is like the one on the surface of the virus that causes COVID-19. Because the protein is not normally found on your cells, it triggers your immune system to make antibodies against it. If you have contact with the real COVID-19 virus, these antibodies are ready to protect you and fight the virus.

Who should get an mRNA COVID-19 vaccine?

You should get an mRNA COVID-19 vaccine if you are age 12 years or older. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

You will get an mRNA COVID-19 vaccine unless you cannot get or do not want this type of vaccine. Then you can choose to get a viral vector-based vaccine if you are age 18 years or older.

What if my child is getting a COVID-19 vaccine?

Children under age 18 years need a parent or guardian to give consent for them to get a COVID-19 vaccine. If a parent or guardian cannot be at the appointment, they can give consent in writing using the consent form at ahs.ca/VaccineUnder18. In some cases, children under age 18 years may be able to give their own consent.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of mRNA COVID-19 vaccine do I need?

You need at least 2 doses of an mRNA COVID-19 vaccine.

You may need additional doses for more protection if you have a high risk of severe disease due to:

- your age
- a health problem that weakens your immune system, for example, you have had or will have an organ or stem cell transplant, you have kidney disease and need dialysis, or you have acquired immunodeficiency syndrome (AIDS)
- certain medicines that weaken your immune system
- living in a specific type of seniors congregate living facility, such as long term care

If you are travelling outside of Canada, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Visit alberta.ca/covid19-vaccine for more information and to find out if you can get additional doses.

If you get additional doses, this is "off-label" use of the vaccine. This means the vaccine is not licensed for additional doses, but vaccine experts support this in certain situations. If you are getting additional doses, your healthcare provider will tell you when you should have them. Talk to your healthcare provider if you have questions.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you cannot get or do not want an mRNA vaccine, you can get a viral vector-based vaccine. Your healthcare provider will let you know which vaccine you can get.

I got an mRNA vaccine as my first dose. Can I get a different mRNA vaccine for my second dose?

Usually you get the same vaccine for all your doses. But you can get a different mRNA vaccine for your second dose if your first-dose vaccine is not available or you prefer a different available mRNA vaccine. Both Pfizer-BioNTech and Moderna COVID-19 vaccines work in the same way.

Whichever vaccine you get for your second dose completes your immunization series and protects you against COVID-19.

Go to ahs.ca/seconddose for more information.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine to complete their COVID-19 immunization.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your 2-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

Can I get an mRNA COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get an mRNA COVID-19 vaccine if you are pregnant or breastfeeding. Research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from mRNA COVID-19 vaccines?

There can be side effects from mRNA COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, swelling, or feeling sore where you had the needle
- feeling tired or have a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes
- a reduced sense of touch or a feeling of numbness
- feeling dizzy

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting an mRNA COVID-19 vaccine?

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) within 7 days of getting either the Pfizer-BioNTech or the Moderna vaccine.

The inflammation can cause shortness of breath, chest pain or pressure, or a very fast or abnormal heart rate. Get medical help **right away** if you have any of these symptoms.

These rare events were reported mostly after the second dose and in young adults and adolescents. Most cases were mild and got better with treatment.

The Moderna vaccine may have a higher risk of these events than the Pfizer-BioNTech vaccine. Because the Moderna vaccine was only recently approved for use in 12 to 17 year olds, there is more to learn about these risks for this age group after getting the Moderna vaccine.

Talk to your healthcare provider, if you have ever had myocarditis or pericarditis and you have questions about COVID-19 vaccines. It is not yet known if having a history of these health problems puts you at higher risk for these rare events after a COVID-19 vaccine.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get an mRNA COVID-19 vaccine?

You may not be able to get an mRNA COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 11 years

Check with your doctor or a public health nurse before you get an mRNA COVID-19 vaccine.

Be sure to talk to your doctor **before** you get an mRNA COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of myocarditis or pericarditis after receiving a dose of COVID-19 vaccine
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca)



Go to ahs.ca/covidvaccine

COVID-19 vaccines - viral vector-based

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines. For information about the mRNA COVID-19 vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines.

How do viral vector-based vaccines work?

Viral vector-based vaccines use a harmless virus (that is not COVID-19) to carry information about the virus that causes COVID-19. This virus will not give you COVID-19. It shows your cells how to make a spike protein, like the one that is on the surface of the COVID-19 virus. This protein triggers your immune system to make antibodies against it. If you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Who can get a viral vector-based COVID-19 vaccine?

You can get a viral vector-based COVID-19 vaccine if you are age 18 years or older and you cannot get or do not want an mRNA COVID-19 vaccine. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of viral vector-based COVID-19 vaccine do I need?

If you get the AstraZeneca/COVISHIELD vaccine, you need at least 2 doses. If you get the Janssen vaccine, at this time you need 1 dose. However, in the future it is likely you will need to have a second dose of Janssen vaccine for better protection and for you to be considered fully immunized.

You may need additional doses for more protection if you have a high risk of severe disease due to:

- your age
- a health problem that weakens your immune system, for example, you have had or will have an organ or stem cell transplant, you have kidney disease and need dialysis, or you have acquired immunodeficiency syndrome (AIDS)
- certain medicines that weaken your immune system
- living in a specific type of seniors congregate living facility, such as long-term care

If you are travelling outside of Canada, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Visit alberta.ca/covid19-vaccine for more information and to find out if you can get additional doses.

If you get additional doses, this is "off-label" use of the vaccine. This means the vaccine is not licensed for additional doses, but vaccine experts support this in certain situations. If you are getting additional doses, your healthcare provider will tell you when you should have them. Talk to your healthcare provider if you have questions.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you cannot get or do not want an mRNA vaccine, you can get a viral vector-based vaccine. Your healthcare provider will tell you which vaccine you can get.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine to complete their COVID-19 immunization.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your 2-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

Can I get a viral vector-based COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get a viral-vector based COVID-19 vaccine if you are pregnant or breastfeeding. But research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from viral vector-based COVID-19 vaccines?

There can be side effects from viral vector-based COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired, unwell or have a headache
- a fever or chills
- body aches, sore joints, or pain in your legs or arms
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- a sore throat, cough, or runny nose

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is a similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting the AstraZeneca/COVISHIELD or the Janssen vaccines?

Research is still happening to learn more about the risk of rare events after getting the AstraZeneca/COVISHIELD or Janssen vaccines. It is not yet known if having a history of certain health problems puts you at a higher risk of rare events after having these vaccines.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to [COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx](https://ahs.ca/topics/Page17389.aspx) for more information.

Blood clots, low platelets, bleeding

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting the AstraZeneca/COVISHIELD or the Janssen vaccines.

These events happened 4 to 28 days after getting the vaccine. The risk of these events after getting the AstraZeneca/COVISHIELD vaccine is about:

- 1 in 55,000 after the first dose
- 1 in 600,000 after the second dose

The risk of these events after getting the Janssen vaccine is about 3 in 1 million.

Talk to your healthcare provider if you have a condition that puts you at risk for blood clots or if you have ever had immune thrombocytopenia (ITP). ITP is when your immune system attacks the blood cells you need for normal blood clotting and causes bleeding.

If you have any of the following symptoms within 42 days of being immunized, get medical help **right away**:

- trouble talking or moving a part of your body
- shortness of breath
- chest pain
- severe swelling, pain, or a colour change in your arm or leg
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- seizures

Capillary leak syndrome

There have been very rare reports of capillary leak syndrome (CLS) within the first few days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. In some reported cases, the person had a history of CLS. CLS is a serious condition that causes fluid to leak from the small blood vessels (capillaries). This causes sudden swelling of the arms and legs, sudden weight gain, and low blood pressure causing you to feel faint. CLS can cause death. Talk to your healthcare provider if you have any history of CLS. Get medical help **right away** if you have any of these symptoms.

Guillain-Barre syndrome

There have been very rare reports of Guillain-Barre syndrome (GBS) up to 42 days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. GBS is a serious condition that causes pain or numbness, muscle weakness, and in severe cases, paralysis. Most people fully recover from GBS but some may continue to have symptoms. GBS can cause death. The risk of GBS after getting either AstraZeneca/COVISHIELD or Janssen vaccine is about 1 in 100,000. Get medical help **right away** if you have any of these symptoms.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get a viral vector-based COVID-19 vaccine?

You may not be able to get a viral vector-based COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- have a history of capillary leak syndrome (CLS)
- are under age 18 years

Check with your doctor or a public health nurse before you get a viral vector-based COVID-19 vaccine.

Be sure to talk to your doctor **before** you get a viral vector-based COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of immune thrombocytopenia (ITP)
- are at higher risk of blood clots
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca)



Go to ahs.ca/covidvaccine

Document Properties



Description Security Fonts Initial View Custom Advanced

Description

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Author: Forms Management

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Help

OK

Cancel

For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (Last, First, Middle)	Date of Birth (dd-Mon-yyyy)	
Personal Health Number (PHN)	Gender	
Health information for the person being immunized (If you need more space, use the other side of this form.)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Does this person have any chronic illness? (List all if more than one) If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had capillary leak syndrome?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had immune thrombocytopenia?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person been treated for a COVID-19 infection in the last 90 days?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person taking any medicine? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, describe _____	
Is this person pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding? <input type="checkbox"/> No <input type="checkbox"/> Yes	
Has this person had COVID-19 vaccine before? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, when? _____	
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Consent		
<p>I confirm that I have read the attached COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.</p> <p>I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:</p> <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • has a severe or unusual side effect after any dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) <p>I consent to this person getting the (only select one):</p> <p><input type="checkbox"/> Pfizer-BioNTech (Comirnaty) mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Moderna (SpikeVax) mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Either the Pfizer-BioNTech (Comirnaty) or Moderna (SpikeVax) mRNA COVID-19 vaccine (Depending which vaccine is available for this person at the time of their immunization)</p> <p><input type="checkbox"/> AstraZeneca (Vaxzevria)/COVISHIELD viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p><input type="checkbox"/> Janssen (Johnson & Johnson) viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p>I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.</p> <p>I confirm that I have the legal authority to consent to this immunization.</p>		
Printed name of person giving consent	Daytime phone	Other phone
<p>Relationship to person</p> <p><input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative</p> <p><input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent</p>		
Signature of person giving consent	Date (dd-Mon-yyyy)	

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COVID-19 vaccines - mRNA

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

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There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines. For information about the viral vector-based vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.

How do mRNA vaccines work?

The mRNA vaccines have messenger RNA (mRNA) that teaches your cells to make a spike protein. This spike protein is like the one on the surface of the virus that causes COVID-19. Because the protein is not normally found on your cells, it triggers your immune system to make antibodies against it. If you have contact with the real COVID-19 virus, these antibodies are ready to protect you and fight the virus.

Who should get an mRNA COVID-19 vaccine?

You should get an mRNA COVID-19 vaccine if you are age 12 years or older. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

You will get an mRNA COVID-19 vaccine unless you cannot get or do not want this type of vaccine. Then you can choose to get a viral vector-based vaccine if you are age 18 years or older.

What if my child is getting a COVID-19 vaccine?

Children under age 18 years need a parent or guardian to give consent for them to get a COVID-19 vaccine. If a parent or guardian cannot be at the appointment, they can give consent in writing using the consent form at ahs.ca/vaccineUnder18. In some cases, children under age 18 years may be able to give their own consent.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of mRNA COVID-19 vaccine do I need?

You need at least 2 doses of an mRNA COVID-19 vaccine.

You may need additional doses if you have a high risk of severe disease due to your age or you:

- have a health problem that weakens your immune system, for example, you have had or will have an organ or stem cell transplant, you have kidney disease and need dialysis, or you have acquired immunodeficiency syndrome (AIDS)
- take certain medicines that weaken your immune system
- live in a specific type of seniors congregate living facility, such as long term care
- are Indigenous and are age 18 years or older

You may also need additional doses for more protection if you are age 18 years or older and you:

- are a frontline healthcare worker who has direct in-person contact with patients **and** you had your first 2 doses of COVID-19 vaccine less than 8 weeks apart
- had 2 doses of AstraZeneca/COVISHIELD vaccine or 1 dose of Janssen vaccine **and** you have not had any doses of mRNA COVID-19 vaccine

If you are travelling outside of Canada and you have had only viral vector-based vaccines or different vaccines for your first 2 doses, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Visit alberta.ca/covid19-vaccine for more information and to find out if you can get additional doses.

If you get additional doses, this is "off-label" use of the vaccine. This means the vaccine is not licensed for additional doses, but vaccine experts support this in certain situations. If you are getting additional doses, your healthcare provider will tell you when you should have them. Talk to your healthcare provider if you have questions.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you cannot get or do not want an mRNA vaccine, you can get a viral vector-based vaccine. Your healthcare provider will let you know which vaccine you can get.

I got an mRNA vaccine as my first dose. Can I get a different mRNA vaccine for my second or any additional doses I may need?

Usually you get the same vaccine for all your doses. But you can get a different mRNA vaccine if your first-dose vaccine is not available or you prefer a different available mRNA vaccine. Both Pfizer-BioNTech and Moderna COVID-19 vaccines work in the same way.

Whichever vaccine you get for your second dose completes your 2-dose series and protects you against COVID-19.

Go to ahs.ca/seconddose for more information.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine for their second dose.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your 2-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

Can I get an mRNA COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get an mRNA COVID-19 vaccine if you are pregnant or breastfeeding. Research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from mRNA COVID-19 vaccines?

There can be side effects from mRNA COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, swelling, or feeling sore where you had the needle
- feeling tired or have a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes
- a reduced sense of touch or a feeling of numbness
- feeling dizzy

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting an mRNA COVID-19 vaccine?

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) within 7 days of getting either the Pfizer-BioNTech or the Moderna vaccine.

The inflammation can cause shortness of breath, chest pain or pressure, or a very fast or abnormal heart rate. Get medical help **right away** if you have any of these symptoms.

These rare events were reported mostly after the second dose and in young adults and adolescents. Most cases were mild and got better with treatment.

The Moderna vaccine may have a higher risk of these events than the Pfizer-BioNTech vaccine. Because the Moderna vaccine was only recently approved for use in 12 to 17 year olds, there is more to learn about these risks for this age group after getting the Moderna vaccine.

Talk to your healthcare provider, if you have ever had myocarditis or pericarditis and you have questions about COVID-19 vaccines. It is not yet known if having a history of these health problems puts you at higher risk for these rare events after a COVID-19 vaccine.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get an mRNA COVID-19 vaccine?

You may not be able to get an mRNA COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 11 years

Check with your doctor or a public health nurse before you get an mRNA COVID-19 vaccine.

Be sure to talk to your doctor **before** you get an mRNA COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of myocarditis or pericarditis after receiving a dose of COVID-19 vaccine
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to MyHealth.Alberta.ca



Go to ahs.ca/covidvaccine

COVID-19 vaccines - viral vector-based

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines. For information about the mRNA COVID-19 vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines.

How do viral vector-based vaccines work?

Viral vector-based vaccines use a harmless virus (that is not COVID-19) to carry information about the virus that causes COVID-19. This virus will not give you COVID-19. It shows your cells how to make a spike protein, like the one that is on the surface of the COVID-19 virus. This protein triggers your immune system to make antibodies against it. If you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Who can get a viral vector-based COVID-19 vaccine?

You can get a viral vector-based COVID-19 vaccine if you are age 18 years or older and you cannot get or do not want an mRNA COVID-19 vaccine. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of viral vector-based COVID-19 vaccine do I need?

If you get the AstraZeneca/COVISHIELD vaccine, you need at least 2 doses. If you get the Janssen vaccine, at this time you need 1 dose. However, in the future it is likely you will need to have a second dose of Janssen vaccine for better protection and for you to be considered fully immunized.

You may need additional doses if you have a high risk of severe disease due to your age or you:

- have a health problem that weakens your immune system, for example, you have had or will have an organ or stem cell transplant, you have kidney disease and need dialysis, or you have acquired immunodeficiency syndrome (AIDS)
- take certain medicines that weaken your immune system
- live in a specific type of seniors congregate living facility, such as long-term care
- are Indigenous and are age 18 years or older

You may also need additional doses for more protection if you are age 18 years or older and you:

- are a frontline healthcare worker who has direct in-person contact with patients **and** you had your first 2 doses of COVID-19 vaccine less than 8 weeks apart
- had 2 doses of AstraZeneca/COVISHIELD vaccine or 1 dose of Janssen vaccine **and** you have not had any doses of mRNA COVID-19 vaccine

If you are travelling outside of Canada and you have had only viral vector-based vaccines or different vaccines for your first 2 doses, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Visit alberta.ca/covid19-vaccine for more information and to find out if you can get additional doses.

If you get additional doses, this is "off-label" use of the vaccine. This means the vaccine is not licensed for additional doses, but vaccine experts support this in certain situations. If you are getting additional doses, your healthcare provider will tell you when you should have them. Talk to your healthcare provider if you have questions.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you cannot get or do not want an mRNA vaccine, you can get a viral vector-based vaccine. Your healthcare provider will tell you which vaccine you can get.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine for their second dose.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your 2-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

Can I get a viral vector-based COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get a viral vector-based COVID-19 vaccine if you are pregnant or breastfeeding. But research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from viral vector-based COVID-19 vaccines?

There can be side effects from viral vector-based COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired, unwell or have a headache
- a fever or chills
- body aches, sore joints, or pain in your legs or arms
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- a sore throat, cough, or runny nose

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is a similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting the AstraZeneca/COVISHIELD or the Janssen vaccines?

Research is still happening to learn more about the risk of rare events after getting the AstraZeneca/COVISHIELD or Janssen vaccines. It is not yet known if having a history of certain health problems puts you at a higher risk of rare events after having these vaccines.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

Blood clots, low platelets, bleeding

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting the AstraZeneca/COVISHIELD or the Janssen vaccines.

These events happened 4 to 28 days after getting the vaccine. The risk of these events after getting the AstraZeneca/COVISHIELD vaccine is about:

- 1 in 55,000 after the first dose
- 1 in 600,000 after the second dose

The risk of these events after getting the Janssen vaccine is about 3 in 1 million.

Talk to your healthcare provider if you have a condition that puts you at risk for blood clots or if you have ever had immune thrombocytopenia (ITP). ITP is when your immune system attacks the blood cells you need for normal blood clotting and causes bleeding.

If you have any of the following symptoms within 42 days of being immunized, get medical help **right away**:

- trouble talking or moving a part of your body
- shortness of breath
- chest pain
- severe swelling, pain, or a colour change in your arm or leg
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- seizures

Capillary leak syndrome

There have been very rare reports of capillary leak syndrome (CLS) within the first few days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. In some reported cases, the person had a history of CLS. CLS is a serious condition that causes fluid to leak from the small blood vessels (capillaries). This causes sudden swelling of the arms and legs, sudden weight gain, and low blood pressure causing you to feel faint. CLS can cause death. Talk to your healthcare provider if you have any history of CLS. Get medical help **right away** if you have any of these symptoms.

Guillain-Barre syndrome

There have been very rare reports of Guillain-Barre syndrome (GBS) up to 42 days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. GBS is a serious condition that causes pain or numbness, muscle weakness, and in severe cases, paralysis. Most people fully recover from GBS but some may continue to have symptoms. GBS can cause death. The risk of GBS after getting either AstraZeneca/COVISHIELD or Janssen vaccine is about 1 in 100,000. Get medical help **right away** if you have any of these symptoms.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get a viral vector-based COVID-19 vaccine?

You may not be able to get a viral vector-based COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- have a history of capillary leak syndrome (CLS)
- are under age 18 years

Check with your doctor or a public health nurse before you get a viral vector-based COVID-19 vaccine.

Be sure to talk to your doctor **before** you get a viral vector-based COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of immune thrombocytopenia (ITP)
- are at higher risk of blood clots
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca)



Go to ahs.ca/covidvaccine

Document Properties



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Description

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Help

OK

Cancel

For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (<i>Last, First, Middle</i>)	Date of Birth (<i>dd-Mon-yyyy</i>)	
Personal Health Number (PHN)	Gender	
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had capillary leak syndrome?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had immune thrombocytopenia?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person been treated for a COVID-19 infection in the last 90 days?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person taking any medicine? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, describe _____	
Is this person pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding? <input type="checkbox"/> No <input type="checkbox"/> Yes	
Has this person had COVID-19 vaccine before? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, when? _____	
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Consent		
<p>I confirm that I have read the attached COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given.</p> <p>I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:</p> <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • has a severe or unusual side effect after any dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) <p>I consent to this person getting the (only select one):</p> <p><input type="checkbox"/> Pfizer-BioNTech (Comirnaty) mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Moderna (SpikeVax) mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Either the Pfizer-BioNTech (Comirnaty) or Moderna (SpikeVax) mRNA COVID-19 vaccine (Depending which vaccine is available for this person at the time of their immunization)</p> <p><input type="checkbox"/> AstraZeneca (Vaxzevria)/COVISHIELD viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p><input type="checkbox"/> Janssen (Johnson & Johnson) viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p>I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.</p> <p>I confirm that I have the legal authority to consent to this immunization.</p>		
Printed name of person giving consent	Daytime phone	Other phone
<p>Relationship to person</p> <p><input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative</p> <p><input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent</p>		
Signature of person giving consent	Date (<i>dd-Mon-yyyy</i>)	

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

COVID-19 vaccines - mRNA

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines. For information about the viral vector-based vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.

How do mRNA vaccines work?

The mRNA vaccines have messenger RNA (mRNA) that teaches your cells to make a spike protein. This spike protein is like the one on the surface of the virus that causes COVID-19. Because the protein is not normally found on your cells, it triggers your immune system to make antibodies against it. If you have contact with the real COVID-19 virus, these antibodies are ready to protect you and fight the virus.

Who should get an mRNA COVID-19 vaccine?

You should get an mRNA COVID-19 vaccine if you are age 12 years or older. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

You will get an mRNA COVID-19 vaccine unless you cannot get or do not want this type of vaccine. Then you can choose to get a viral vector-based vaccine if you are age 18 years or older.

What if my child is getting a COVID-19 vaccine?

Children under age 18 years need a parent or guardian to give consent for them to get a COVID-19 vaccine. If a parent or guardian cannot be at the appointment, they can give consent in writing using the consent form at ahs.ca/VaccineUnder18. In some cases, children under age 18 years may be able to give their own consent.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of mRNA COVID-19 vaccine do I need?

You need at least 2 doses of an mRNA COVID-19 vaccine.

You may need additional doses if you have a high risk of severe disease due to your age or you:

- have a health problem that weakens your immune system, for example, you have had or will have an organ or stem cell transplant, you have kidney disease and need dialysis, or you have acquired immunodeficiency syndrome (AIDS)
- take certain medicines that weaken your immune system
- live in a specific type of seniors congregate living facility, such as long term care
- are Indigenous and are age 18 years or older

You may also need additional doses for more protection if you are age 18 years or older and you:

- are a frontline healthcare worker who has direct in-person contact with patients **and** you had your first 2 doses of COVID-19 vaccine less than 8 weeks apart
- had 2 doses of AstraZeneca/COVISHIELD vaccine or 1 dose of Janssen vaccine **and** you have not had any doses of mRNA COVID-19 vaccine

If you are travelling outside of Canada and you have had only viral vector-based vaccines or different vaccines for your first 2 doses, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Visit alberta.ca/covid19-vaccine for more information and to find out if you can get additional doses.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you cannot get or do not want an mRNA vaccine, you can get the AstraZeneca/COVISHIELD vaccine.

If you get additional doses, this is "off-label" use of the vaccine if:

- You are age 12 to 17 years.
- You get your additional dose sooner than 6 months after your last dose.
- You get the AstraZeneca/COVISHIELD vaccine as an additional dose.

"Off-label" use means the vaccine is not licensed for additional doses, but vaccine experts support this in certain situations. The Pfizer-BioNTech and Moderna vaccines are licensed for additional doses for people age 18 years or older who get their additional dose no sooner than 6 months after their last dose. If you are getting additional doses, talk to your healthcare provider about which vaccine you can get and when you should have your doses.

I got an mRNA vaccine as my first dose. Can I get a different mRNA vaccine for my second or any additional doses I may need?

Usually you get the same vaccine for all your doses. But you can get a different mRNA vaccine if your first-dose vaccine is not available or you prefer a different available mRNA vaccine. Both Pfizer-BioNTech and Moderna COVID-19 vaccines work in the same way.

Whichever vaccine you get for your second dose completes your 2-dose series and protects you against COVID-19.

Go to ahs.ca/seconddose for more information.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine for their second dose.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your 2-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

Can I get an mRNA COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get an mRNA COVID-19 vaccine if you are pregnant or breastfeeding. Research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from mRNA COVID-19 vaccines?

There can be side effects from mRNA COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, swelling, or feeling sore where you had the needle
- feeling tired or have a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes
- a reduced sense of touch or a feeling of numbness
- feeling dizzy

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting an mRNA COVID-19 vaccine?

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) within 7 days of getting either the Pfizer-BioNTech or the Moderna vaccine.

The inflammation can cause shortness of breath, chest pain or pressure, or a very fast or abnormal heart rate. Get medical help **right away** if you have any of these symptoms.

These rare events were reported mostly after the second dose and in young adults and adolescents. Most cases were mild and got better with treatment.

The Moderna vaccine may have a higher risk of these events than the Pfizer-BioNTech vaccine. Because the Moderna vaccine was only recently approved for use in 12 to 17 year olds, there is more to learn about these risks for this age group after getting the Moderna vaccine.

Talk to your healthcare provider, if you have ever had myocarditis or pericarditis and you have questions about COVID-19 vaccines. It is not yet known if having a history of these health problems puts you at higher risk for these rare events after a COVID-19 vaccine.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get an mRNA COVID-19 vaccine?

You may not be able to get an mRNA COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 11 years

Check with your doctor or a public health nurse before you get an mRNA COVID-19 vaccine.

Be sure to talk to your doctor **before** you get an mRNA COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of myocarditis or pericarditis after receiving a dose of COVID-19 vaccine
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to MyHealth.Alberta.ca



Go to ahs.ca/covidvaccine

COVID-19 vaccines - viral vector-based

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines. For information about the mRNA COVID-19 vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines.

How do viral vector-based vaccines work?

Viral vector-based vaccines use a harmless virus (that is not COVID-19) to carry information about the virus that causes COVID-19. This virus will not give you COVID-19. It shows your cells how to make a spike protein, like the one that is on the surface of the COVID-19 virus. This protein triggers your immune system to make antibodies against it. If you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Who can get a viral vector-based COVID-19 vaccine?

You can get a viral vector-based COVID-19 vaccine if you are age 18 years or older and you cannot get or do not want an mRNA COVID-19 vaccine. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of viral vector-based COVID-19 vaccine do I need?

If you get the AstraZeneca/COVISHIELD vaccine, you need at least 2 doses. If you get the Janssen vaccine, at this time you need 1 dose. However, in the future it is likely you will need to have a second dose of Janssen vaccine for better protection and for you to be considered fully immunized.

You may need additional doses if you have a high risk of severe disease due to your age or you:

- have a health problem that weakens your immune system, for example, you have had or will have an organ or stem cell transplant, you have kidney disease and need dialysis, or you have acquired immunodeficiency syndrome (AIDS)
- take certain medicines that weaken your immune system
- live in a specific type of seniors congregate living facility, such as long-term care
- are Indigenous and are age 18 years or older

You may also need additional doses for more protection if you are age 18 years or older and you:

- are a frontline healthcare worker who has direct in-person contact with patients **and** you had your first 2 doses of COVID-19 vaccine less than 8 weeks apart
- had 2 doses of AstraZeneca/COVISHIELD vaccine or 1 dose of Janssen vaccine **and** you have not had any doses of mRNA COVID-19 vaccine

If you are travelling outside of Canada and you have had only viral vector-based vaccines or different vaccines for your first 2 doses, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Visit alberta.ca/covid19-vaccine for more information and to find out if you can get additional doses.

If I need additional doses, what vaccine will I get?

You will get an mRNA vaccine for any additional doses. If you cannot get or do not want an mRNA vaccine, you can get the AstraZeneca/COVISHIELD vaccine.

If you get additional doses, this is "off-label" use of the vaccine if:

- You are age 12 to 17 years.
- You get your additional dose sooner than 6 months after your last dose.
- You get the AstraZeneca/COVISHIELD vaccine as an additional dose.

"Off-label" use means the vaccine is not licensed for additional doses, but vaccine experts support this in certain situations. The Pfizer-BioNTech and Moderna vaccines are licensed for additional doses for people age 18 years or older who get their additional dose no sooner than 6 months after their last dose. If you are getting additional doses, talk to your healthcare provider about which vaccine you can get and when you should have your doses.

What if I got the AstraZeneca/COVISHIELD vaccine as my first dose?

The AstraZeneca/COVISHIELD vaccine is a safe vaccine that works well to protect you against COVID-19. But some people may choose an mRNA vaccine for their second dose.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the AstraZeneca/COVISHIELD vaccine or an mRNA vaccine for your second dose.

No matter which vaccine you choose, the second dose offers protection against COVID-19 and will complete your 2-dose series.

Go to ahs.ca/seconddose for more information about getting an mRNA vaccine after an AstraZeneca/COVISHIELD vaccine.

Can I get a viral vector-based COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get a viral vector-based COVID-19 vaccine if you are pregnant or breastfeeding. But research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from viral vector-based COVID-19 vaccines?

There can be side effects from viral vector-based COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired, unwell or have a headache
- a fever or chills
- body aches, sore joints, or pain in your legs or arms
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- a sore throat, cough, or runny nose

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is a similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting the AstraZeneca/COVISHIELD or the Janssen vaccines?

Research is still happening to learn more about the risk of rare events after getting the AstraZeneca/COVISHIELD or Janssen vaccines. It is not yet known if having a history of certain health problems puts you at a higher risk of rare events after having these vaccines.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

Blood clots, low platelets, bleeding

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting the AstraZeneca/COVISHIELD or the Janssen vaccines.

These events happened 4 to 28 days after getting the vaccine. The risk of these events after getting the AstraZeneca/COVISHIELD vaccine is about:

- 1 in 55,000 after the first dose
- 1 in 600,000 after the second dose

The risk of these events after getting the Janssen vaccine is about 3 in 1 million.

Talk to your healthcare provider if you have a condition that puts you at risk for blood clots or if you have ever had immune thrombocytopenia (ITP). ITP is when your immune system attacks the blood cells you need for normal blood clotting and causes bleeding.

If you have any of the following symptoms within 42 days of being immunized, get medical help **right away**:

- trouble talking or moving a part of your body
- shortness of breath
- chest pain
- severe swelling, pain, or a colour change in your arm or leg
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- seizures

Capillary leak syndrome

There have been very rare reports of capillary leak syndrome (CLS) within the first few days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. In some reported cases, the person had a history of CLS. CLS is a serious condition that causes fluid to leak from the small blood vessels (capillaries). This causes sudden swelling of the arms and legs, sudden weight gain, and low blood pressure causing you to feel faint. CLS can cause death. Talk to your healthcare provider if you have any history of CLS. Get medical help **right away** if you have any of these symptoms.

Guillain-Barre syndrome

There have been very rare reports of Guillain-Barre syndrome (GBS) up to 42 days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. GBS is a serious condition that causes pain or numbness, muscle weakness, and in severe cases, paralysis. Most people fully recover from GBS but some may continue to have symptoms. GBS can cause death. The risk of GBS after getting either AstraZeneca/COVISHIELD or Janssen vaccine is about 1 in 100,000. Get medical help **right away** if you have any of these symptoms.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get a viral vector-based COVID-19 vaccine?

You may not be able to get a viral vector-based COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- have a history of capillary leak syndrome (CLS)
- are under age 18 years

Check with your doctor or a public health nurse before you get a viral vector-based COVID-19 vaccine.

Be sure to talk to your doctor **before** you get a viral vector-based COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of immune thrombocytopenia (ITP)
- are at higher risk of blood clots
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to MyHealth.Alberta.ca



Go to ahs.ca/covidvaccine

Document Properties



Description Security Fonts Initial View Custom Advanced

Description

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Help

OK

Cancel

For use at Alberta Health Services (AHS) immunization programs. Use this form when a parent or alternate decision-maker is **not** able to be with the person being immunized at an AHS immunization service. An alternate decision-maker could be an agent, guardian, specific decision-maker or co-decision-maker. The parent or alternate decision-maker should **complete this form** and **send it** with the person being immunized, to the AHS immunization service. For alternate decision-makers – please also send a copy of documents to show that you are authorized to be the alternate decision-maker.

Personal information for the person being immunized		
Name (<i>Last, First, Middle</i>)	Date of Birth (<i>dd-Mon-yyyy</i>)	
Personal Health Number (PHN)	Gender	
Health information for the person being immunized (<i>If you need more space, use the other side of this form.</i>)		
Does this person have any allergies, including allergies to any vaccine, medicine, or food? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Does this person have any chronic illness? (<i>List all if more than one</i>) If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had capillary leak syndrome?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person ever had immune thrombocytopenia?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Has this person been treated for a COVID-19 infection in the last 90 days?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Is this person taking any medicine? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, describe _____	
Is this person pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes	Is this person breastfeeding?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Has this person had COVID-19 vaccine before? <input type="checkbox"/> No <input type="checkbox"/> Yes	If yes, when? _____	
Has this person ever had a side effect from COVID-19 immunization? If yes, describe _____	<input type="checkbox"/> No	<input type="checkbox"/> Yes
If this person is under age 12 years, have they ever had multisystem inflammatory syndrome (MIS-C)? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Not applicable		
Consent		
<p>I confirm that I have read the attached COVID-19 vaccine information. I know about and understand the risks, benefits, and common side effects of this vaccine. Any questions I may have had about this person getting this vaccine have been answered by calling the local public health office or Health Link at 811. I understand the information I have been given. I understand this consent is for all doses of the vaccine. I will contact the local public health office or the healthcare provider giving the COVID-19 vaccine if this person:</p> <ul style="list-style-type: none"> • has any changes to their health before getting any dose of the COVID-19 vaccine • has a severe or unusual side effect after any dose of the COVID-19 vaccine (other than the expected side effects listed on the COVID-19 vaccine information sheet) <p>I consent to this person getting the (only select one):</p> <p><input type="checkbox"/> Pfizer-BioNTech (Comirnaty) mRNA COVID-19 vaccine (for ages 5 years and older)</p> <p><input type="checkbox"/> Moderna (SpikeVax) mRNA COVID-19 vaccine (for ages 12 years and older)</p> <p><input type="checkbox"/> Either the Pfizer-BioNTech (Comirnaty) or Moderna (SpikeVax) mRNA COVID-19 vaccine (Depending which vaccine is available for this person at the time of their immunization)</p> <p><input type="checkbox"/> AstraZeneca (Vaxzevria)/COVISHIELD viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p><input type="checkbox"/> Janssen (Johnson & Johnson) viral vector-based COVID-19 vaccine (for ages 18 years and older)</p> <p>I understand that I may withdraw this consent at any time by calling the local public health office or healthcare provider giving the COVID-19 vaccine.</p> <p>I confirm that I have the legal authority to consent to this immunization.</p>		
Printed name of person giving consent	Daytime phone	Other phone
Relationship to person <input type="checkbox"/> Parent (with legal authority to consent) <input type="checkbox"/> Guardian/Legal representative <input type="checkbox"/> Co-decision-maker <input type="checkbox"/> Specific decision-maker <input type="checkbox"/> Agent		
Signature of person giving consent	Date (<i>dd-Mon-yyyy</i>)	

Alberta Health Services collects health information according to Section 20 of the Health Information Act (HIA). This information is used to provide health services, determine eligibility for health services, or to carry out any other purpose authorized by the HIA. If you have any questions about this, please ask the healthcare provider giving the immunization or contact your local public health office. If you do not know your local public health office, call Health Link at 811 to get this information.

COVID-19 vaccines - mRNA

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines. For information about the viral vector-based vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.

How do mRNA vaccines work?

The mRNA vaccines have messenger RNA (mRNA) that teaches your cells to make a spike protein. This spike protein is like the one on the surface of the virus that causes COVID-19. Because the protein is not normally found on your cells, it triggers your immune system to make antibodies against it. If you have contact with the real COVID-19 virus, these antibodies are ready to protect you and fight the virus.

Who should get an mRNA COVID-19 vaccine?

You should get an mRNA COVID-19 vaccine if you are age 5 years or older. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

What if my child is getting a COVID-19 vaccine?

Children under age 18 years need a parent or guardian to give consent for them to get a COVID-19 vaccine. If a parent or guardian cannot be at the appointment, they can give consent in writing using the consent form at ahs.ca/VaccineUnder18. In some cases, children under age 18 years may be able to give their own consent.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine.

All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of mRNA COVID-19 vaccine do I need?

You need at least 2 doses of an mRNA COVID-19 vaccine to be considered fully immunized. These doses are called your primary series.

Some people may need more doses. See the following information and visit alberta.ca/covid19-vaccine to learn more.

Third doses

For some people, 2 doses may not give enough protection. You may need a third dose to complete your primary series if you are age 12 years or older and you have a health problem that weakens your immune system. For example:

- You have had or will have an organ or stem cell transplant.
- You have kidney disease and need dialysis.
- You have acquired immunodeficiency syndrome (AIDS).
- You take certain medicines that weaken your immune system.

You should have an extra (booster) dose for more protection if you are age 70 years or older.

You should also have a booster dose if you are age 18 years or older and you:

- live in a certain type of seniors' facility, such as long-term care
- are Indigenous
- are a frontline healthcare worker who has in-person contact with patients **and** you had your first 2 doses of COVID-19 vaccine less than 8 weeks apart
- had 2 doses of AstraZeneca/COVISHIELD vaccine or 1 dose of Janssen vaccine **and** you have not had any doses of mRNA COVID-19 vaccine

Doses for travel

If you are travelling outside of Canada and you have had only viral vector-based vaccines or different vaccines for your first 2 doses, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Can I get an mRNA COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get an mRNA COVID-19 vaccine if you are pregnant or breastfeeding. Research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from mRNA COVID-19 vaccines?

There can be side effects from mRNA COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, swelling, or feeling sore where you had the needle
- feeling tired or have a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- swollen lymph nodes
- a reduced sense of touch or a feeling of numbness
- feeling dizzy
- a rash or hives

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting an mRNA COVID-19 vaccine?

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) within 7 days of getting either the Pfizer-BioNTech or the Moderna vaccine.

The inflammation can cause shortness of breath, chest pain or pressure, or a very fast or abnormal heart rate. Get medical help **right away** if you have any of these symptoms.

These rare events were reported mostly after the second dose and in young adults and adolescents. They were also reported more commonly in males. Most cases were mild and got better with treatment.

The Moderna vaccine may have a higher risk of these events than the Pfizer-BioNTech vaccine, especially for those age 12 to 29 years. Because the Moderna vaccine was only recently approved for use in 12 to 17 year olds, there is more to learn about these risks for this age group after getting the Moderna vaccine.

It is best for those age 12 to 29 years to get the Pfizer-BioNTech vaccine. It has a lower risk of myocarditis and pericarditis in that age group.

In clinical trials with the Pfizer-BioNTech vaccine, there were no reports of myocarditis or pericarditis in children age 5 to 11 years. But because this vaccine was only recently approved for use in this age group, there is still more to learn about these risks.

Talk to your healthcare provider, if you have ever had myocarditis or pericarditis and you have questions about COVID-19 vaccines. It is not yet known if having a history of these health problems puts you at higher risk for these rare events after a COVID-19 vaccine.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to [COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx](https://www.ahs.ca/topics/Page17389.aspx) for more information.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Children under the age of 18 years should **not** take aspirin because it can cause serious health problems.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What vaccine will I get for my primary series?

Here are the recommended vaccines by age group:

- Age 5 to 11 years: You will get the Pfizer-BioNTech mRNA vaccine.
- Age 12 to 17 years: You can get either the Pfizer-BioNTech or Moderna mRNA vaccine.
- Age 18 years and older: You can get either the Pfizer-BioNTech or Moderna mRNA vaccine. If you cannot get or do not want an mRNA vaccine, you can get a viral vector-based vaccine.

If you are age 12 to 29 years, it is best to get the Pfizer-BioNTech vaccine. This vaccine has a lower risk of myocarditis and pericarditis for this age group. Usually you get the same vaccine for all your doses.

If you got an mRNA vaccine for your first dose, you can get a different mRNA vaccine if your first-dose vaccine is not available or you prefer a different mRNA vaccine.

If you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the same vaccine or an mRNA vaccine for your next dose.

Whichever vaccine you get to complete your primary series protects you against COVID-19.

Go to [ahs.ca/seconddose](https://www.ahs.ca/seconddose) for more information.

What vaccine will I get for my booster or additional dose?

You will get an mRNA vaccine for any booster or additional doses. If you cannot get or do not want an mRNA vaccine, you can get the AstraZeneca/COVISHIELD vaccine.

The Pfizer-BioNTech and Moderna vaccines are licensed for booster doses for people age 18 years or older who get their booster dose no sooner than 6 months after their second dose. In other cases, the vaccine is not licensed for more than 2 doses. But vaccine experts support this in certain situations. This is called "off-label use."

Getting more than 2 doses of a COVID-19 vaccine is off-label use if:

- You are age 5 to 17 years.
- You get a dose sooner than 6 months after your second dose.
- You get the AstraZeneca/COVISHIELD vaccine as a third dose, booster dose, or additional dose.

If you are getting more than 2 doses, talk to your healthcare provider about which vaccine you can get and when you should have your doses.

What if I had or am getting another type of vaccine?

Children under age 12 years should wait at least 14 days after getting a COVID-19 vaccine before getting another vaccine. If they got another vaccine first, they should wait 14 days before getting a COVID-19 vaccine. This is to help monitor for any side effects in this age group from the COVID-19 vaccine. However, there may be times when this 14-day spacing before or after the COVID-19 vaccine is not possible, such as if your child is due to have a routine school immunization within 14 days of having the COVID-19 vaccine. Talk to your healthcare provider if you have questions about your child getting another vaccine before or after their COVID-19 vaccine.

If you are age 12 years or older, you can get any vaccine at the same time as, any time before, or any time after a COVID-19 vaccine.

Who should not get an mRNA COVID-19 vaccine?

You may not be able to get an mRNA COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- are under age 5 years


Check with your doctor or a public health nurse before you get an mRNA COVID-19 vaccine.

Be sure to talk to your doctor **before** you get an mRNA COVID-19 vaccine, if you:


- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of myocarditis or pericarditis after receiving a dose of COVID-19 vaccine
- have been treated for a COVID-19 infection in the last 90 days
- are under age 12 years and have a history of multisystem inflammatory syndrome (MIS-C)

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information

 Call Health Link at 811

 Go to [ImmunizeAlberta.ca](https://www.ImmunizeAlberta.ca)

 Go to [MyHealth.Alberta.ca](https://www.MyHealth.Alberta.ca)

 Go to [ahs.ca/covidvaccine](https://www.ahs.ca/covidvaccine)

COVID-19 vaccines - viral vector-based

Immunization protects you from disease. Get protected, get immunized.

- **Vaccines make your immune system stronger. They build antibodies to help prevent diseases.**
- **Immunization is safe. It is much safer to get immunized than to get this disease.**

What are COVID-19 vaccines?

COVID-19 vaccines protect against the SARS-CoV-2 virus (also known as COVID-19). The virus causes an infection in the lungs and airways and is a type of respiratory illness. Go to ahs.ca/covid to learn more about COVID-19.

There are 2 types of COVID-19 vaccines approved for use in Canada:

- **mRNA vaccines:** The Pfizer-BioNTech (Comirnaty) and Moderna (SpikeVax) vaccines are mRNA vaccines. For information about the mRNA COVID-19 vaccines, read the vaccine information sheet on ImmunizeAlberta.ca.
- **Viral vector-based vaccines:** The AstraZeneca (Vaxzevria)/COVISHIELD and Janssen (Johnson & Johnson) vaccines are viral vector-based vaccines.

How do viral vector-based vaccines work?

Viral vector-based vaccines use a harmless virus (that is not COVID-19) to carry information about the virus that causes COVID-19. This virus will not give you COVID-19. It shows your cells how to make a spike protein, like the one that is on the surface of the COVID-19 virus. This protein triggers your immune system to make antibodies against it. If you come in contact with the real COVID-19 virus, these antibodies will be ready to protect you and fight the virus.

Who can get a viral vector-based COVID-19 vaccine?

You can get a viral vector-based COVID-19 vaccine if you are age 18 years or older and you cannot get or do not want an mRNA COVID-19 vaccine. Everyone is at risk of COVID-19. COVID-19 vaccines are free.

How well do COVID-19 vaccines work?

If you are healthy and get all the doses you need, COVID-19 vaccines give you very good protection against COVID-19 infection.

Two doses of the mRNA vaccines give more protection than 2 doses of the AstraZeneca/COVISHIELD vaccine or 1 dose of the Janssen vaccine. All the vaccines work very well to lower your risk of getting seriously ill and of needing to be in the hospital.

Even if you have had a COVID-19 vaccine, it is still important to follow public health measures to prevent the virus from spreading. Go to ahs.ca/covid for the most up-to-date information.

How many doses of viral vector-based COVID-19 vaccine do I need?

If you get the AstraZeneca/COVISHIELD vaccine, you need at least 2 doses to be considered fully immunized. These doses are called your primary series.

If you get the Janssen vaccine, at this time you need only 1 dose. But it is likely that in the future you will need a second dose of Janssen vaccine for better protection and to complete your primary series.

Some people may need more doses. See the following information and visit alberta.ca/covid19-vaccine to learn more.

Third doses

For some people, 2 doses may not give enough protection. You may need a third dose to complete your primary series if you are age 12 years or older and you have a health problem that weakens your immune system. For example:

- You have had or will have an organ or stem cell transplant.
- You have kidney disease and need dialysis.
- You have acquired immunodeficiency syndrome (AIDS).
- You take certain medicines that weaken your immune system.

You should have an extra (booster) dose for more protection if you are age 70 years or older.

You should also have a booster dose if you are age 18 years or older and you:

- live in a certain type of seniors' facility, such as long-term care
- are Indigenous
- are a frontline healthcare worker who has in-person contact with patients **and** you had your first 2 doses of COVID-19 vaccine less than 8 weeks apart
- had 2 doses of AstraZeneca/COVISHIELD vaccine or 1 dose of Janssen vaccine **and** you have not had any doses of mRNA COVID-19 vaccine

Doses for travel

If you are travelling outside of Canada and you have had only viral vector-based vaccines or different vaccines for your first 2 doses, you may be able to get additional doses. This is only if your destination requires you to have a certain COVID-19 vaccine series.

Can I get a viral vector-based COVID-19 vaccine if I am pregnant or breastfeeding?

Yes, you can get a viral vector-based COVID-19 vaccine if you are pregnant or breastfeeding. But research shows that mRNA vaccines are the safest type of COVID-19 vaccines to get during pregnancy.

When you are pregnant, you have a higher risk of getting very sick from COVID-19. Getting a COVID-19 vaccine when you are pregnant lowers your risk of getting seriously ill from the virus.

If you are pregnant or breastfeeding and have questions about getting a COVID-19 vaccine, talk to your healthcare provider.

Where can I get a COVID-19 vaccine?

Go to ahs.ca/covidvaccine to find out where and when you can get a COVID-19 vaccine.

Are there side effects from viral vector-based COVID-19 vaccines?

There can be side effects from viral vector-based COVID-19 vaccines, but they tend to be mild and go away in a few days. Side effects may include:

- redness, warmth, swelling, bruising, itching, or feeling sore where you had the needle
- feeling tired, unwell or have a headache
- a fever or chills
- body aches, sore joints, or pain in your legs or arms
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- a sore throat, cough, or runny nose

You may be more likely to have these side effects if you have another vaccine at the same time as a COVID-19 vaccine.

Current information shows that there is a similar risk of side effects after a first, second, or additional dose of COVID-19 vaccine. Research continues to find out more about the risk of side effects after additional doses.

It is important to stay at the clinic for 15 minutes after your vaccine. Some people may have a rare but serious allergic reaction called anaphylaxis. If anaphylaxis happens, you will get medicine to treat the symptoms.

It is rare to have a serious side effect. Call Health Link at 811 to report any serious or unusual side effects.

What rare events have been reported after getting the AstraZeneca/COVISHIELD or the Janssen vaccines?

Research is still happening to learn more about the risk of rare events after getting the AstraZeneca/COVISHIELD or Janssen vaccines. It is not yet known if having a history of certain health problems puts you at a higher risk of rare events after having these vaccines.

Your risk of getting seriously ill from COVID-19 is much higher than your risk of having a rare event after these vaccines.

Go to COVID-19 vaccine – Frequently Asked Questions on ahs.ca/topics/Page17389.aspx for more information.

Blood clots, low platelets, bleeding

There have been very rare reports of blood clots, low levels of platelets (these help your blood to clot), and bleeding after getting the AstraZeneca/COVISHIELD or the Janssen vaccines.

These events happened 4 to 28 days after getting the vaccine. The risk of these events after getting the AstraZeneca/COVISHIELD vaccine is about:

- 1 in 55,000 after the first dose
- 1 in 600,000 after the second dose

The risk of these events after getting the Janssen vaccine is about 3 in 1 million.

Talk to your healthcare provider if you have a condition that puts you at risk for blood clots or if you have ever had immune thrombocytopenia (ITP). ITP is when your immune system attacks the blood cells you need for normal blood clotting and causes bleeding.

If you have any of the following symptoms within 42 days of being immunized, get medical help **right away**:

- trouble talking or moving a part of your body
- shortness of breath
- chest pain
- severe swelling, pain, or a colour change in your arm or leg
- stomach pain that does not go away
- a severe headache that does not go away
- blurry vision
- seizures

Capillary leak syndrome

There have been very rare reports of capillary leak syndrome (CLS) within the first few days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. In some reported cases, the person had a history of CLS. CLS is a serious condition that causes fluid to leak from the small blood vessels (capillaries). This causes sudden swelling of the arms and legs, sudden weight gain, and low blood pressure causing you to feel faint. CLS can cause death. Talk to your healthcare provider if you have any history of CLS. Get medical help **right away** if you have any of these symptoms.

Guillain-Barre syndrome

There have been very rare reports of Guillain-Barre syndrome (GBS) up to 42 days after getting the AstraZeneca/COVISHIELD or Janssen vaccines. GBS is a serious condition that causes pain or numbness, muscle weakness, and in severe cases, paralysis. Most people fully recover from GBS but some may continue to have symptoms. GBS can cause death. The risk of GBS after getting either AstraZeneca/COVISHIELD or Janssen vaccine is about 1 in 100,000. Get medical help **right away** if you have any of these symptoms.

How can I manage side effects?

- To help with soreness and swelling, put a cool, wet cloth over the area where you had the needle.
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you have been told to do this, call your doctor even if you think the fever is from the vaccine.

What vaccine will I get for my primary series?

You will get an mRNA COVID-19 vaccine for your primary series. But if you cannot get or do not want this type of vaccine you can get a viral vector-based vaccine if you are age 18 years or older.

Usually you get the same vaccine for all your doses. But if you got the AstraZeneca/COVISHIELD vaccine for your first dose, you can choose the same vaccine or an mRNA vaccine for your next dose.

Whichever vaccine you get to complete your primary series protects you against COVID-19.

Go to ahs.ca/seconddose for more information.

What vaccine will I get for my booster or additional doses?

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- You get the AstraZeneca/COVISHIELD vaccine as a third dose, booster dose, or additional dose.

If you are getting more than 2 doses, talk to your healthcare provider about which vaccine you can get and when you should have your doses.

What if I had or am getting another type of vaccine?

You can get any vaccine at the same time as, any time before, or any time after a viral vector-based COVID-19 vaccine.

Who should not get a viral vector-based COVID-19 vaccine?

You may not be able to get a viral vector-based COVID-19 vaccine if you:

- have an allergy to any part of the vaccine
- had a severe (serious) or unusual side effect after this vaccine or one like it
- have a history of capillary leak syndrome (CLS)
- are under age 18 years

Check with your doctor or a public health nurse before you get a viral vector-based COVID-19 vaccine.

Be sure to talk to your doctor **before** you get a viral vector-based COVID-19 vaccine, if you:

- have a weak immune system (because of a medicine you take or a health problem)
- have an autoimmune disorder (like rheumatoid arthritis or lupus)
- have had a stem cell or organ transplant
- have a history of immune thrombocytopenia (ITP)
- are at higher risk of blood clots
- have been treated for a COVID-19 infection in the last 90 days

Always tell your healthcare provider if you have allergies or if you have had a side effect from a vaccine in the past.

For More Information



Call Health Link at 811



Go to [ImmunizeAlberta.ca](https://immunizealberta.ca)



Go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca)



Go to ahs.ca/covidvaccine

COVID 19 Consent Forms (to date)

Online reference: <https://www.albertahealthservices.ca/frm-21765.pdf>

- 21765 (Rev2020-12v4) – Dated December 29th, 2020
- 21765 (Rev2021-05v2) – Dated May 20th, 2021
- 21765 (Rev2021-05v3) – Dated May 28th, 2021
- 21765 (Rev2021-09v2) – Dated September 16th, 2021
- 21765 (Rev2021-11) – Dated November 3rd, 2021
- 21765 (Rev2021-11v2) – Dated November 8th, 2021
- 21765 (Rev2021-11v3) – Dated November 12th, 2021
- 21765 (Rev2021-11v4) – Dated November 24th, 2021

This is Exhibit "U" referred to in the Affidavit of:

David Thomas Dickson

Sworn before me this

20th
20 day of November, 2021

Redacted

Commissioner for Oaths, Justice of the Peace,

or Notary Public and Commissioner for Oaths
in and for the Province of Alberta

Appointment expires 2022/02/22