## Schedule 7.1

## **Health Services Restricted Activities**

## **Definitions**

- 1 In this Schedule,
  - (a) "activity of daily living" means an activity that individuals normally perform on their own behalf to maintain their health and well-being, and includes
    - routine and invasive self-care activities, including but not restricted to the removal of slivers and the cleaning of wounds, and
    - (ii) specifically taught procedures, which generally result in predictable and stable responses, including but not restricted to catheterization, maintenance of drainage tubes and administration of drugs by injection;
- (a.1) "administration of a drug" means the supplying of a dose of a drug to a person for the purpose of immediate ingestion, application, inhalation, insertion, instillation or injection;
  - (b) "compound" means to mix together 2 or more ingredients of which at least one is a drug for the purposes of dispensing a drug or drugs, but does not include reconstituting a drug or drugs with only water;
  - (c) "dispense" means
    - (i) with respect to drugs, to provide a drug pursuant to a prescription for a person, but does not include the administration of a drug to a person;
    - (ii) with respect to corrective lenses, to verify corrective lenses objectively to the prescription;
  - (d) "drug" means drug as defined in the *Pharmacy and Drug Act*;
  - (e) "health service" means a service provided to people
    - (i) to protect, promote or maintain their health,
    - (ii) to prevent illness,
    - (iii) to diagnose, treat or rehabilitate them, or

- (iv) to take care of the health needs of the ill, disabled, injured or dying;
- (f) "Minister" means the Minister responsible for the *Health Professions Act*;
- (g) "restricted activity" means an activity named as a restricted activity in section 2;
- (h) "sell" includes
  - distribute, trade or barter for money or other valuable consideration,
  - distributing and giving away without expectation or hope of compensation or reward,
  - (iii) keeping for sale, and
  - (iv) offering for sale;
- (i) "surrogate" means a person authorized by an individual or by the individual's guardian, if the guardian is authorized to give such authorization, to assist the individual in carrying on an activity of daily living.

## **Restricted activities**

- **2(1)** The following, carried out in relation to or as part of providing a health service, are restricted activities:
  - (a) to cut a body tissue, to administer anything by an invasive procedure on body tissue or to perform surgical or other invasive procedures on body tissue
    - (i) below the dermis or the mucous membrane or in or below the surface of the cornea;
    - (ii) in or below the surface of teeth, including scaling of teeth;
  - (b) to insert or remove instruments, devices, fingers or hands
    - (i) beyond the cartilaginous portion of the ear canal,
    - (ii) beyond the point in the nasal passages where they normally narrow,
    - (iii) beyond the pharynx,
    - (iv) beyond the opening of the urethra,

- (v) beyond the labia majora,
- (vi) beyond the anal verge, or
- (vii) into an artificial opening into the body;
- (b.1) to insert into the ear canal
  - (i) under pressure, liquid, air or gas;
  - (ii) a substance that subsequently solidifies;
  - (c) to set or reset a fracture of a bone;
  - (d) to reduce a dislocation of a joint except for a partial dislocation of the joints of the fingers and toes;
  - (e) to use a deliberate, brief, fast thrust to move the joints of the spine beyond the normal range but within the anatomical range of motion, which generally results in an audible click or pop;
  - (f) to prescribe a Schedule 1 drug within the meaning of the *Pharmacy and Drug Act*;
  - (g) to dispense, compound, provide for selling or sell a Schedule 1 drug or Schedule 2 drug within the meaning of the *Pharmacy and Drug Act*;
  - (h) to administer a vaccine or parenteral nutrition;
  - to prescribe, compound or administer blood or blood products;
  - (j) to prescribe or administer diagnostic imaging contrast agents;
  - (k) to prescribe or administer anesthetic gases, including nitrous oxide, for the purposes of anesthesia or sedation;
  - (l) to prescribe or administer radiopharmaceuticals, radiolabelled substances, radioactive gases or radioaerosols;
- (m) to order or apply any form of ionizing radiation in
  - (i) medical radiography,
  - (ii) nuclear medicine, or
  - (iii) radiation therapy;