We've been told that the COVID19 pandemic is the greatest threat we've ever faced. We've been told to sacrifice our lives, our businesses, our children's futures by our government. We've been told 'we're all in this together" for the greater good. Why? To save the most vulnerable - in care homes. But are we?

Every measure put in place to protect the most vulnerable has destroyed their quality, quantity and dignity of life. They are prisoners who have only seen the same two visitors for a year now! Actually, NO! They never see an unmasked face – EVER! Everything for their comfort and care has been stripped away. Even their families have been made afraid to visit. This is now long term "care". But at least they're safe from the virus. Or are they?

This is the most difficult speech I've had to make so far. But I won't stand idly by while residents suffer and die. Everything I am about to say can be verified and I will attest to in a court of law. On Kenney, Shandro and Hinshaw's Orders, care homes locked their doors last March. Anyone who questions this enforced isolation is told "We're just following Orders" and now "The rollout of the vaccine is a priority". A "vaccine" that is already a concern for causing deaths in care homes and is now under investigation in multiple countries. But at least they're safe from the virus. At least we're ALL safe from the virus... or are we?

Last week, we discovered that AHS is moving COVID positive patients into care homes. Just like they did in New York, resulting in a cascade of deaths. We have had this corroborated by multiple sources in and out of the system. It's common practice and commonly known within the medical, government and judicial arenas. I have in writing that AHS under the direction of Kenney, Shandro and Hinshaw are importing COVID infections into care homes. Effectively, government and AHS are taking a tinder box and tossing in a flame thrower. In Canada, we know that almost all COVID associated deaths are in care homes. But the public, family and residents are being actively misled about this. Between AHS, Capital Care and my Mother's care centre, 1000 people (staff, residents and families) have been put at risk by this practice which has resulted in endless lockdowns, neglect and infection spread. How many more has this affected in other care homes?

My Mother's current care home "outbreak" for COVID19 "cases" has lasted almost two months. On "outbreak" means no transfers in or out of the centre and a raft of extremely restrictive measures on site. Two weeks ago, a misleading email update to family implied that a COVID positive resident had been identified on my Mother's unit. This was a lie by omission. In fact, the COVID positive patient had been transferred from an active treatment hospital directly to my Mum's unit. Nowhere in this email does it state that this COVID positive patient was TRANSFERRED into a shared room with an uninfected, elderly and mobile roommate. Nowhere in this email does it state that this COVID positive patient was TRANSFERRED to a unit that had never had a COVID "case" before this point. How is this - as per IPC (infection prevention control) - "placed on isolation"!? This mobile roommate was not aware of this risk. This mobile roommate had no idea that they were going to be confined to their room with a COVID positive person for the next two weeks and placed at risk by AHS! This mobile roommate was seen to leave their room, unsupervised and placing others at risk. NO PPE, NO SANITISATION, NO PROTOCOLS FOLLOWED OR ENFORCED. This is not the fault of these residents. They are victims of circumstance and the failed policies of AHS. The roommate stood on a red X taped on the floor immediately outside the door of their room and the adjacent shared room. This roommate was crying, "Why can't I leave my room, I don't have COVID". The COVID positive patient lay in the bed next to them, without a mask, no barriers, the door to the shared room open. These residents spent two weeks in the same room, neither wearing PPE, unsupervised, one of which, remember, is a COVID 'positive case'.

When the general public can't even visit their own family, how is this helping anyone or 'saving the most vulnerable'? Why is this government, AHS and the care homes being so cavalier with "care"? Is it because COVID isn't the risk they tell us it is? If so, why have we destroyed society? If it is the risk they drum into us daily, then AHS is taking active steps to kill these high-risk residents. Is it because active treatment beds cost more than care home beds? Which is it, AHS? Why is this being hidden from the public? Ignored by the media? Staff are being actively threatened to keep quiet about this. Albertans have sacrificed everything for this government's and AHS's false claim of saving those at risk. Is saving money more important than saving lives?

Residents and staff have suffered countless rounds of testing, with a PCR test that AHS and Kenney admit is unfit for purpose. Staff are forced to wear PPE for hours on end. Yet all "cases" in most care homes until very recently came from staff

members "testing positive" with NO symptoms. Staff are not able to do their jobs effectively when they are smothered in PPE (which frankly appears to be nothing more than virtue signalling) and was NEVER worn like this before even in an outbreak situation. Masks and shields put staff health at risk, especially those with pre-existing conditions. That in turn risks the residents they care for. Management know this but just follow Orders. PPE is not changed regularly, worn continuously, sometimes re-used, ALL against infection protocols. This is a Health and Safety issue, well documented by staff, by our family and supported by many studies in this area before COVID19. Those who force these dangerous practices may well find themselves personally and professionally liable. How on earth is anyone not questioning these absolutely pointless and frankly, insane policies which have done nothing other than create despair, suffering and death for so many?

Care homes are struggling with staff shortages. Those left are overworked to the point they are failing to provide even basic care. In Edmonton, in my Mum's care home alone, we have documented multiple cases of neglect, including but not limited to;

• Pressure sores, open infections, osteomyelitis, dehydration, lack of nutrition, lack of sanitation, lack of primary physician interaction, changes to medication without consent or physician's knowledge, removal of visitation rights (supported illegally by the Edmonton Zone Medical Officer), isolation of residents with cognitive impairments contrary to the PHA., forced use of masking and shields, contrary to the PHA, and more.

We know that COVID19 is an influenza like illness. Treatment protocols and therapies (HCQ, AZT, Zinc, Vitamins C&D to boost the immune system, appropriate O2 therapy) have all been ignored. Worse, here in Alberta, doctors have been threatened for prescribing HCQ. And what are we told if we have symptoms? Go home, isolate, recover. If you get worse, we'll hook you up to a ventilator. This is nothing less than a death sentence for someone with an ILI. Did we mask, socially distance, lockdown society, test, isolate for ILI's before COVID19? No. Now our only "hope" rests NOT on the cancelled Hope Trial for HCQ but on never-ending lockdowns and non-existent "vaccines". Canadians have a right to a range of treatment options, freedom to live life based on informed choice and risk-based analysis, ESPECIALLY those in care homes who have so little life left.

I have said before, there will be a reckoning for this egregious malpractice and misfeasance which has and is continuing to result in suffering and death FAR BEYOND THE RISK POSED BY ANY VIRUS. Tried and tested outbreak protocols were in place for decades at care homes before COVID19. There is a reason the current insane practices have never been used like this before!

Really, it's very simple. Either this is the most deadly virus the world has ever known and none of us should ever leave our homes... or those in power know it is not. And all these "measures" in effect are nothing more than theatre!

## This is not healthcare! It is healthscare!

It's time to expose this crime. Time for those responsible to be held to account. Time is running out.

## Loved ones in care need to be heard not hurt!

Update: As of 5.24pm Thursday, my Mother's care centre is deemed COVID FREE! All "cases" are now resolved. Still it remains on outbreak status with no changes to restrictions. Still believe in Kenney's Path Forward??

So, please tell me, Jason Kenney, Tyler Shandro, Deena Hinshaw and AHS - just how do you justify saving the most at risk to death? Saving us ALL to death?

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